愛STRETEWISE

The Village Magazine



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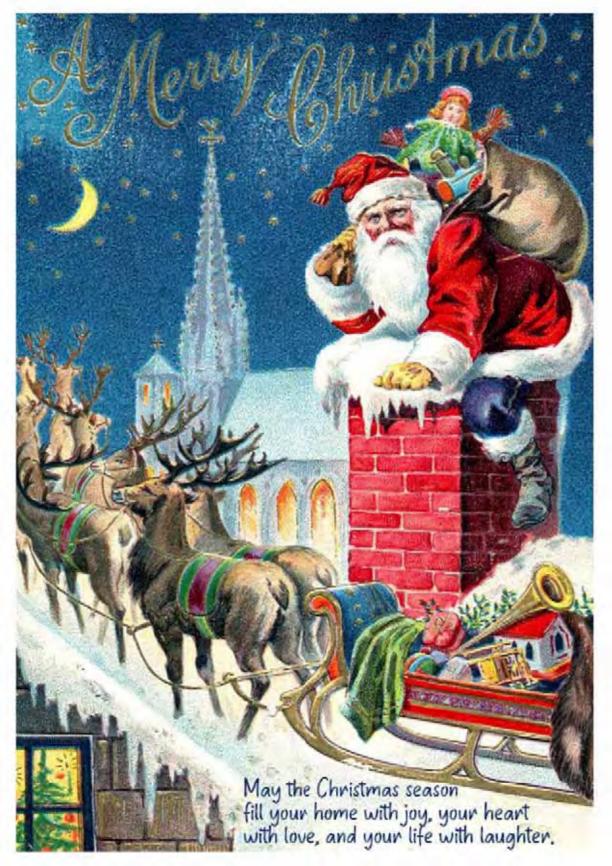
Price £1

December - January 2023 - 2024

https://www.stretewise.co.uk

email: stretewise@outlook.com







Strete Chapel





We are continuing to meet every Sunday at 11am in the chapel building. Thank you to all those that attended our harvest thanksgiving service. We had a wonderful meeting led by Pennywell Farm owner Chris Murray followed by lunch in the parish hall. Thank you all those that contributed food and helped with the setup and clear down.

Our Young Searchers were further blessed with passes to Pennywell Farm. There were plenty of cuddles with pigs, mice, guinea pigs and rabbits! A big thank



Young Searchers continue to meet (term time only) from 5-6pm in the Chapel every Thursday.

We are now looking forward to our Christmas events so put these dates in your diary!





We wish Strete village residents every happiness this Christmas and hope that you can join us in celebrating the birth of Christ.

St. Michael's Church

As we move through this season of advent, we find ourselves looking to what is often referred to as 'the greatest story of all time'. Something I wholeheartedly agree with. A story that has transcended cultures and time. Yet when I look to the Christmas story and how can I this year make it fresh I always get a little anxious. Now the obvious answer to some of you would be, it's your first year here, just use something that you have done before. We won't have heard it. This has crossed my mind but I'm not a fan of rehashing old stuff as it's amazing how quickly things/thoughts can become outdated. Our world moves at such a pace.

But yet each year God reveals the story to me anew. To be honest I should probably stop being surprised by this given it's an annual occurrence, but after 22 years in ministry and sharing the Christmas story I am still surprised. A story that people long to hear each year, something familiar and reassuring, a story that has adventure, beauty, love. A story that has so many unbelievable plot twists, yet the people involved (for the most part) are just your average men and women who you could pass in the street and not think twice about.

This story that sees heaven and earth collide and become one in a way it had never done so before. The awesome power of the creator God wrapped in the most vulnerable flesh possible, a newborn baby. A baby who could create and destroy the universe with one hand yet with the other squeezed the little finger of Mary.

The greatest part of this whole story? The fact it's not a story of a mythical creature or fairytale, it's the start of Jesus' autobiography, no fiction. The history books back it up (handy thing about a census happening when you're born) and if it wasn't true, I think cultures over the centuries would have let it fade away. But here we are 2000 odd years later, looking forward to gathering once more with those we love, to sing songs about this story, and to hear of this great gift given to us as the ultimate sacrifice of love. So, as we go through this Christmas season, what will God show you anew from the greatest story ever told?

Revd Matt







The Village Hall is available to hire for events, clubs and activities. Book through Danni Brien on 07841 505797

Christmas bunting was up, mince pies had been made, mulled wine was brewing, tea and coffee cups were waiting, stalls were prepared and ready for the opening of Strete Village Hall Christmas Market on Saturday, 11th November, at 10.30am.



Our next event

QUIZ AND PASTY EVENING, 20th JANUARY, 2024 at 7.00pm.

Tickets will be on sale in the New Year.

VILLAGE HALL GROUNDS

We are hoping to have some work done to make the entry safer and the grounds easier to look after. If there is anyone in the village who could help with small building projects or knows of anyone who could do the work,

please let Penny know p.g.penhale@hotmail.com

NB VILLAGE DAY will be on SATURDAY, 3rd AUGUST, 2024

Strete Village Hall Committee

would like to wish all a

HAPPY CHRISTMAS and a PEACEFUL, HEALTHY NEW YEAR.



Footfall was slow to start with but after the two minutes silence for the 11th day of the 11th month things picked up.

We had stalls offering Rowcroft Christmas cards; Rosie's home-

Attached to Penny's Hatl

made Christmas cakes, beautifully iced and packed, alongside cushions and bunting; Lesley's paintings, cards and glass coasters; Nikki with her usual array of basket ware and Christmas decorations; amazing handmade felt animals; Burnt Art and jewellery; Jo's wood and Pip's flavoured gins, cards and art. There was also a raffle and small cake stall For the children there was a table to write their letters to Santa and a map to see who could pinpoint Santa's Grotto. It was a happy and friendly occasion.

THANK YOU TO ALL WHO SUPPORTED AND/OR HELPED.





BEACH CAFÉ OPEN DAILY SERVING BREAKFAST, LUNCH & LOTS MORE LIVE MUSIC EVERY SATURDAY MORNING FIRE & FEAST NIGHTS BEACH SHOP OPEN DAILY PADDLEBOARD HIRE, LESSONS AND TRIPS BEACH SAUNA COMING SOON



Stretewise Crossword

Across.

1: Salmon that is cured using a mix of salt, sugar and dill.

3: Feeling weak and dizzy.

 Connection enabling two or more people or machines to communicate.

8: Worn to protect the body in battle.

One of the two imaginary lines around the earth.

Reach a place at the end of a journey.

14: Keep (someone) away from other people.

15: Short curved hair.

18: specially selected log burnt on a hearth at Christmas, 4.3.

1	White Control	711			2	A	-	-	THE PARTY	No.
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21: To make a speech. 23: A person who endorses or gives permission for something.

24: In or to all places.

Down. 1: A clear tasteless powder that is used to make liquids become firm.

2: Set in a mould and used to contain pieces of meat and seafood. 4: Sum of one and two.

5: a small piece of bread or pastry with a savoury topping.

7: A narrow strip of unleavened egg dough that has been rolled thin and dried.

9: A lesson that can be derived from a story or experience.

11: A river dolphins from South America. 13: A recording of moving visual images.

14: Nervous or timid. 16: A plant with leaves like feathers and flat white flowers.

17: Small in size. 19: Period of time in history. 20: A narrow valley between mountains.

22: A transaction between the buyer and the seller.

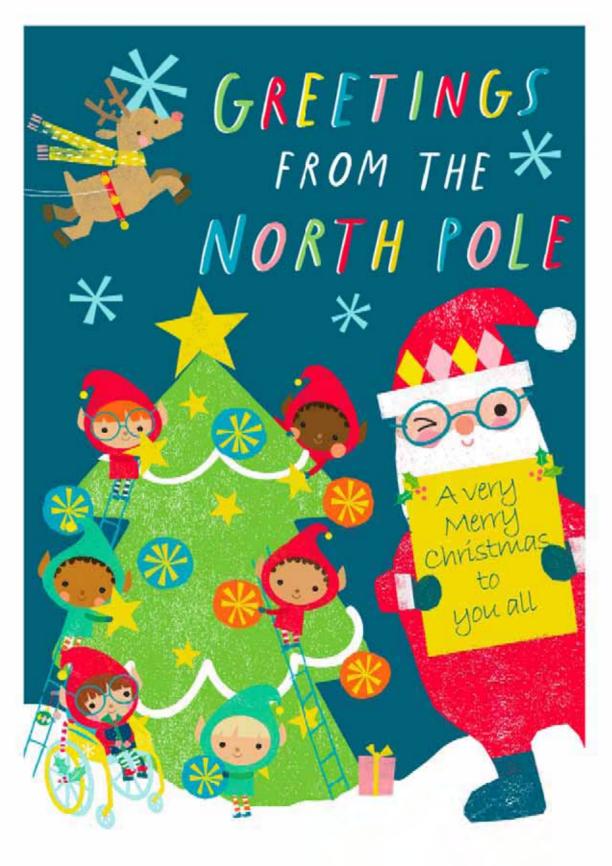
What do they sing at a snowman's birthday party? Freeze a jolly good fellow! What do you get when you cross a snowman with a vampire? Frostbite.

What do you call Santa when he stops moving? Santa Pause.

Why don't crabs celebrate Christmas? Because they're shell—fish.

Who hides in the bakery at Christmas? A mince spy!

What did the stamp say to the Christmas card? Stick with me and we'll go places!







Ask an adult to scan this QR code or visit www.hallmark.co.uk for lots more fun and festive things to do at Christmas!



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I've seen you being brilliant and brave throughout the year, it brings a big smile to my face and fills me with such cheer.

I hope you know you're cooler than my very coolest elf, so I'll pack a special something for your fab, amazing self, And as flying can be tiring, I wondered if you'd leave a carrot and a sweet treat out for us on Christmas Eve?

I'm sorry, better go now – there's such a lot to do,
I need to polish up my boots and check my nice list too.
Almost time for me to fly my sleigh right past the moon,

so have a Merry Christmas... take care and see you soon!

Many Christmas Wishes,

SANTA, MRS CLAUS, THE REINDEER & THE ELVES

GINGERBREAD BUDDY RECIPE

YOU'LL NEED:

*

- · 350g plain flour
- 1-2 tsp ground ginger
- 1 tsp bicarbonate of soda
- 100g butter or margarine
- · 175g soft light brown sugar
- · 1 egg
- · 4 tbsp golden syrup



- Preheat the oven to 180C/160C lan/Gas Mark 5.
- · Line a large baking tray with greaseproof paper.
- . Sift together the flour, ginger and bicarbonate of soda.
- · Rub in the butter and stir in the sugar.
- Add the egg and golden syrup, mlx well and then knead until smooth.
- Roll out to 8mm thick and cut out your shape using our giant gingerbread buddy template
- Place on baking tray and bake for 14-16 mins until golden brown. Cool on a wire rack, decorate and enjoy!

TOP TIP:

Transfer Buddy template to greaseproof paper (so it doesn't stick to the gingerbread!) Template available on Page 31



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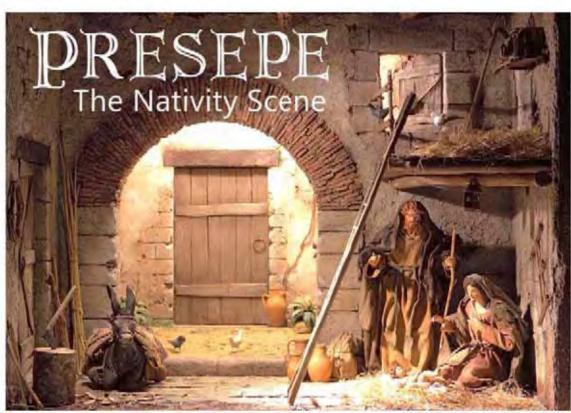
TURKEYS GEESE DUCKS & CHICKEN

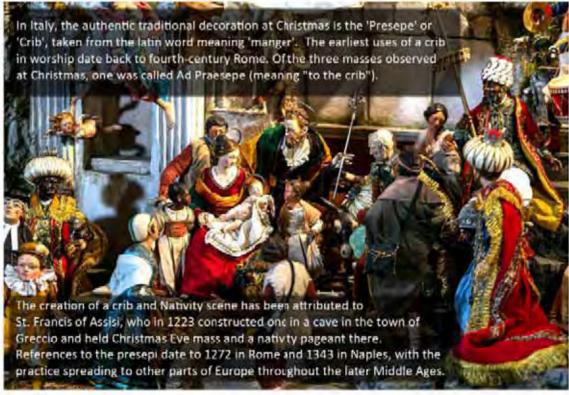
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"Presepe vivente" (Live nativity) in addition to the traditional Presepi, there are also unique variations such as the "Presepe vivente" an outdoor Nativity Scene, with actors representing the main characters of the presepe. Beginning on Christmas day, and running until January 6th, towns throughout Italy hold pageants to reenact the night of Jesus' birth.

Actors portray Mary, Joseph, the three Magi and other biblical figures from the gospel.

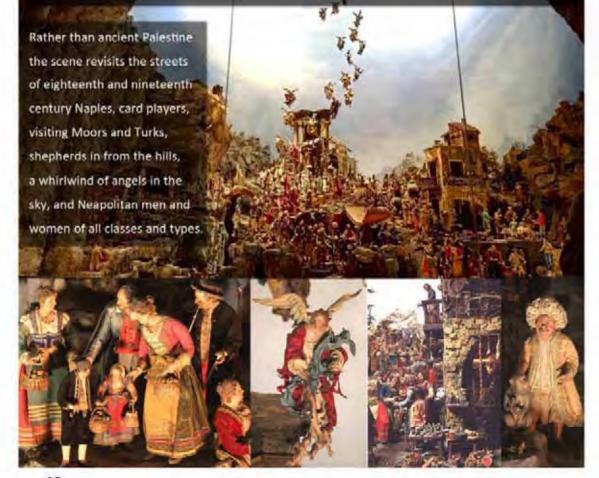
Some presepe vivente can include over 100 participants!

"Presepe Napoletano" in 18th-century Naples, renowned sculptors and painters were employed by aristocratic patrons, including the Neapolitan King, to create figures and backdrops for magnificent presepie. These tableaux were highly detailed and theatrical indesign, incorporating not just biblical stories but vignettes of everyday life in Naples; street sellers, beggars, market and town folk would rub shoulders with shepherds, the three Magi (Kings) and the holy family amongst an architectural backdrop of taverns and ruined temples.





"Presepe Cuciniello" The most famous Neapolitan presepe is the fabulous "Presepe Cuciniello", which is located in the Carthusian monastery of the Museo Nazionale di San Martino. of San Martino. The crib is named after the architect, playwright and great collector of crib figurines Michele Cuciniello (1823-1889). It was he, in fact, who donated the approximately 800 valuable pieces that make up the crib in 18th-century style. Built in the 19th century, it features 162 characters, 80 animals, 28 angels and over 450 miniature objects.



Naple's Presepe Street

The tradition of the Presepi in Naples today is focused around via San Gregorio Armeno located in the antique centre of the city.

San Gregorio Armeno a narrow cobblestoned

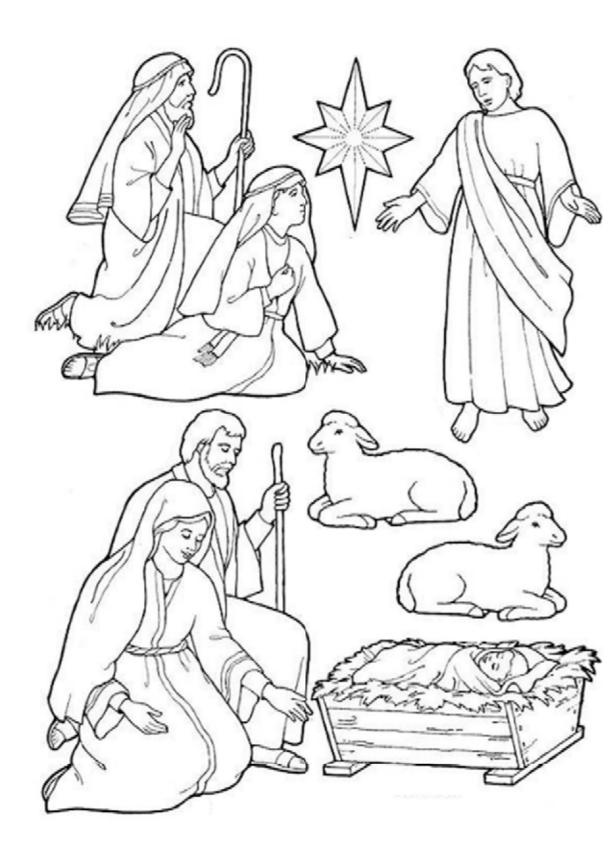
alley in Naples Historic District, the Centro Storico, known by most English speakers as Naples Christmas Alley. Here, you can find Naples the presept, the Neapolitan nativity scenes: finely crafted figurines in terracotta and wood and hand made cribs. During the Christmas period, these activities spill out into the nearby Piazze San Gregorio and Spaccanapoli with exhibitors offering everything could need to create an exquisite

Nativity scene, traditional or modern.

VIA S.GREGORIO ARMENO QUART, S.LORENZO











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A Very Big Thank You to the Stretewise delivery team:

Brenda Range, Liane Baldock, Colleen Seymour, Heather Robinson,
Joan Kendall, Chris Burne, John Goldring, Carol Wills, David Wall and Trudy Rothwell and
not forgetting Monica, Andy, Sally at the Strete Post Office and Stores.

making

25" ANNIO DIRARY SEASON

Dartnochtha

Beethoven

Egmont overture

Mozart

Symphony no. 41 in C major Impiter'

Reinecke

Flute Concerto in D major, Op. 283

Friday 15 December 2023 7.30pm Soloist: Emily Grant The Flavel, Dartmouth theflavel.org.uk

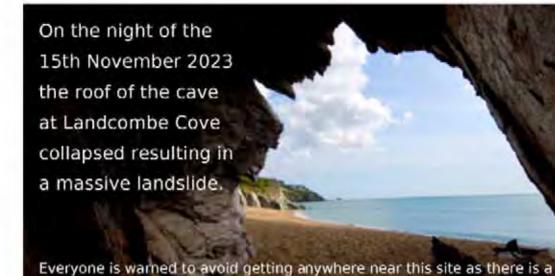


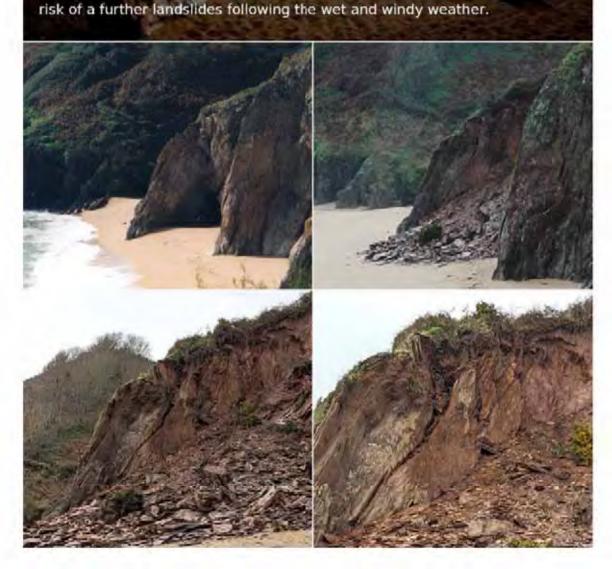


Saturday 27 January 2024 3pm

Soloist: Ruth Molins

Ashburton Arts Centre 3pm ashburtonarts.org.uk







South Hams Upholstery

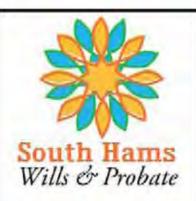
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Kings Arms

Welcome to our community pub on the South Devon coast.



We head towards Christmas with the good news that Jon Ward has started as the General Manager of the Kings Arms. Jon is already getting to know everyone, is already making changes and has a number of new ideas, some of which are outlined below. Something Jon looked at immediately was food consistency, and he's very keen to make sure that the Sunday roasts and Christmas dinners are

as good as anywhere in the area. With his experience in real ales he's also keen to ensure the beers are well regarded and is looking to put on regular guest ales.

Before we move on though, a special thank you to Hugh Macken, who has been acting as the interim manager for the last year and has done a fantastic job.

From the 29th of November, the pub will also be open on Wednesday evenings and every Wednesday is the Weekly Quiz, a fun quiz for all abilities, with prizes for the first three teams. Jon will be quiz master most weeks with guest quiz masters from time to time. Meanwhile, the plan is to make Thursday's music night, a mix of open mic nights and booked acts. Looking ahead, there's a lot going on at the pub in December. We are offering a Christmas Dinner menu throughout December, ideal for social groups, company events or family get-togethers. Not only is this a great way to support the pub, it's a special menu with something for everyone – see following pages. Please call Jon to book or with any queries.



On Sunday 3rd we'll be holding the annual Christmas Starts Here event, with gingerbread people decorating, traditional tree decorations crafting, Christmas puzzles for the kids and if all goes to plan a visit from Father Christmas...so the children can make sure he knows what they want for Christmas... This event starts at 3.30pm running to 7pm, to tie-in with the turning on of the village Christmas Tree lights opposite the Post Office at 5.30pm, then back to the pub for minced pies and mulled wine.

The monthly Village Lunch has been a big draw throughout the year and December sees the final lunch of the year with the Christmas Village Lunch on 7th December at 1pm. As ever, this will be an affordable two course lunch and a great chance to meet old and new friends.

Please get in touch with Ralph: ralph.clark@kingsarmsatstrete.co.uk

On Wednesday 20th there's the Big Xmas Quiz at 7pm, a quiz run by Jon, all about Christmas.

On Thursday 21st the pub is hosting a Celebration of Christmas featuring carols, poems and music with Choirmaster and MC Ken Wood leading the communal singing.

This year, the pub will be opening Christmas Day lunchtime 12-3pm for the traditional drink before heading home for the Kings Speech and your Christmas dinners. Boxing day opening is still to be confirmed.

In that twilight zone between Christmas and New Year the pub will be open throughout, with the Big Quiz of the Year at 7pm on the Wednesday 27th.

On New Year's Eve Jon will be hosting the KA NYE Party. The theme is Pop Stars. There will be a disco, hopefully live music, a buffet, and prizes for the best fancy dress pop star. This will be an affordably ticketed evening, more details closer to the time.

The pub will then be closed 1st & 2nd January, back open on the 3rd.

Don't forget, every Friday until Christmas sees the popular Friday Night Lucky Number Draw and a lively crowd in the bar. The rules are simple. You have your number, it belongs to you. The prize is a £50 KA voucher. But you have to be in the pub to win, otherwise it is a Rollover. We were hoping to get a visit from BBC's One Show but we were bumped by the unexpected global exclusive they got for the release of The Beatles final single on the 1st November. As excuses go, that's a pretty strong one. The BBC team have said they plan to do the slot in the New Year.

A number of people have given Jon their thoughts and ideas about the pub moving forward. He's taking it all on board. Of course, not everything is possible, not least because people often want the opposite of each other so he's trying to find the middle ground. But we're sure everyone will give him the support he needs to help our village pub thrive. The pub really does need your custom to survive, every visit counts, so please make an effort when you can.

To book or ask a question just call on 01803 770027 or pop into the pub.

Follow us on Facebook at Facebook.com/kingsarmsatstrete
Or go to the website www.kingsarmsatstrete.co.uk

For other enquiries, please contact info@kingsarmsatstrete

Opening Hours in December:

Wednesday 5-10pm with the Weekly Quiz.

Thursday & Friday, 12-3pm & 5-10pm

Saturday open all day 12-10pm

Sunday with the new improved Sunday Roast 12-6pm

Open Christmas Day 12-3pm



Christmas Menu

Home made sweet potato, ginger and coconut soup with sweet potato crisps and wholemeal toast (Ve/GF upon request)

Baked Brie with roasted garlic, cranberry relish and toasts (Ve)

Kings Arms Prawn Cocktail with a tempura prawn, Marie-Rose sauce and buttered brown bread

Serrano ham with baked goats cheese crouton, rocket and Mel's chilli jam

Traditional Elston Farm Turkey roast with sage and onion stuffing, pigs in blankets, duck fat potatoes, seasonal veg and gravy

Butternut squash, lentil and almond Wellington with feta crumb, thyme roasted potatoes, seasonal veg and gravy (Ve/VG)

Baked seabass, roasted Cornish baby potatoes, green beans, lemon, salsa verde and crispy capers

Traditional Christmas Pudding with rum and raisin ice cream or brandy custard
Belgian Chocolate Tart with vanilla ice cream and chocolate sauce (Ve/Vg available)
Strawberry and Prosecco Meringue roulade with berry compote and cream

2 courses £28

3 courses £35

Minimum booking size 4 guests

Pre order and deposit is essential with 6 days notice.

Food Allergies & Intolerances: Before you order your food and drinks please speak to our staff if you want to know more about the ingredients in our dishes.

Service is not included. All gratuities are distributed to the team who served you today.





Santa Advent Calendar

You will need:

White card

Red card

Cotton wool balls

Felt pens to draw the face and add the numbers 1-25

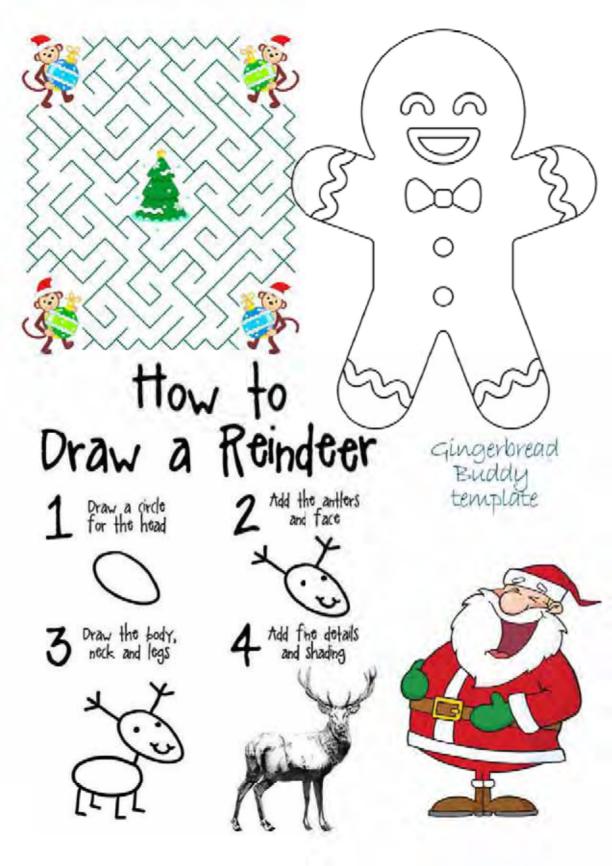
Double sided tape or glue

7 8 10 12 13 14 15 11 10 17 18 20 21 22 23 24

25

Stick the cotton wool balls on to the calendar covering each number as the big

day gets closer.



Locally grown, award-winning, Christmas trees.

Now in-store.

- £10 'New Year' voucher with every purchase.
- FREE tree delivery within South Hams.
- Recycle your Christmas tree with us from £6.

garden time

Your local independent, family nin, garden centre, cale and fam shop

Gardentime blooms with nostalgic charm this Christmas with NEW gift vouchers and perks for Garden Club Members

Since its launch in 2003, Gardentime in South Devon, has evolved from a modest garden shop to a flourishing garden centre, cafe and farm shop at the heart of the community.

However, it's at Christmas when Gardentime truly transforms into a place of charm and magic. Festooned in twinkling lights you'll find extensive lighting and decorations, fresh hand-made wreaths, thoughtful gardening gifts and delicious local produce - Gardentime is well worth a trip to get the whole family in the festive mood.

"Christmas is all about nostalgia and choosing the tree is where it all begins nothing beats the distinctive pine smell and magic it brings into your home" says Philly Varlow

Locally Sourced and Award-Winning Christmas Trees available from Monday 21st November

Sourcing over 1,000 trees from a local award winning grower on Dartmoor, Gardentime has gained a reputation as offering the best in the region, gracing local hotels, restaurants, schools and pubs, as well as supplying trees for the much loved, annual Stoke Fleming Christmas Tree Festival, which it will honor again this December.

Sourcing locally means the trees travel a short distance from farm to home and as well as looking the part, for every tree harvested, 2-3 are planted, a conscious decision to offset the environmental impact.

Christmas Trees will be available to buy from Monday 21st November, until Christmas Eve, while stock lasts.

Garden Club members within the South Hams, will receive FREE delivery at a time that suits you AND a £10 'New Year' voucher to spend in-store until February 2023 with every Christmas Tree purchase!



Hand-Crafted Fresh Wreaths Made On Site - available from Monday 21st November

As well as trees, lights and all the treasures and trinkets to adorn them, Gardentime are famed for their beautiful bespoke wreaths. Made on site by owner and florist Philly and her team, each hand-made wreath can be designed to your colourway of choice, or choose from a range of ready to buy designs from £19.99.

NEW - Gardentime Gift Cards Now Available - available from 1st November

When it comes to gifts for someone who has "everything", then a gift for the garden is a thoughtful choice. From a range of luxury tools, fire pits and beautifully crafted benches and bird baths, Gardentime has a broad choice for the keen gardener. If something edible is better then visit the farm shop with goodies all sourced locally.

For those who can't choose between a bird bath or a Begonia, the brand new Gardentime Gift Card will be available to pick up in-store from 1st November.

Exclusive Christmas Offers for Garden Club Members

For those already signed up to the Garden Club, more exclusive offers are coming your way for Christmas including - 30% off all indoor and outdoor lighting, the chance to shop beautiful baubles with discounts - just £10 for 4 AND a £10 'New Year' voucher to spend in-store until February 2023 with every Christmas Tree purchase! Available from 1st November.

Gardentime POP UP at Totnes Late Night Shopping

For the first time, Gardentime is hitting the road and will have a stall at Totnes Late Night Shopping on Tuesday 5th, 12th and 19th December. Selling trees, wreaths and gifts - come and say hi to the team and pick up a gift or two.

Gardentime is open daily from 9:00am-5:30pm Monday-Saturday and 10:00:am-4:00pm on Sundays. For more information visit https://gardentime.biz/

Strete short mat bowls club

Strete short mat bowls club has been going for over 35 years. The old landlord of the Kings Arms Bill Rowe & John Goddard went to Plymouth to see how the game was played. While there they brought second hand mats from the club and started Strete short mat bowls club, the first in the South Hams. A couple years later South Hams village league was formed. Since then, Strete has gone from strength to strength, playing in the top tier of South Hams bowls league. We are known around as a friendly club.

Our old mats were worn and coming apart. Thanks to grants from Pam Wills & the Captain Pearson Trust, Julian Brazil S.H.D.C and our own parish council we were able to purchase 2 new mats and a storage roller that takes both mats at a cost of £3500.

We practice on a Monday night 7-9 in the Strete Parish Hall and play league matches in the hall on a Tuesday 7.00 and away on other team's club nights.

Short mat bowls is for all ages and ability including the disabled. We currently have 16 members of all ages. If you would like to give it a try, come along on a Monday night or give me a ring on 01803770225, we can provide bowls. A big thank you for all your financial support. Thank you to Nick Shepherd for coming down and taking photos. Andrew Pound club captain.







HOT STUFF

The Guinness World Records has crowned Pepper X as the hottest chili pepper in the world, dethroning the Carolina Reaper chili pepper after 10 years.

For comparison, a habanero pepper typically hits 100,000 Scoville heat units, but Pepper X registers at 2.69 million units.

Breeder and grower Ed Currie created both record-breaking peppers. As a proprietary pepper, Pepper X pods and seeds will not be sold.

Mr Currie cultivated Pepper X for a decade on his South Carolina farm, but remained tight lipped about his project to protect his intellectual property.

In lab tests at Winthrop University in South Carolina, Pepper X registered an

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average of 2,693,000 Scoville Heat Units (SHU), which is more than one million units hotter than Mr Currie's previous innovation, the Carolina Reaper which averaged 1,641,183 SHU.

In 1912 pharmacist Wilbur Scoville invented the Scoville Scale, which measures how many times capsaicin needs to be diluted. Capsaicin is the chemical that gives humans that burning sensation of peppers - which can release dopamine and endorphins into the body.





Dartmouth and Kingswear Society

Conserving, Enhancing, Informing, Enjoying

The Society was formed in 1959 and is a registered Charity No. 1038254

President: Sir Geoffrey Newman, Bt.

The Society exists to preserve and enhance the area covered by the historic town of Dartmouth, the villages of Blackawton, Dittisham, Kingswear, Stoke Fleming and Strete, the River Dart and the neighbouring coastline and countryside.

The Society's committee meets every month to deal with planning and local development matters.

Members enjoy a range of social events and talks during the year.

PROGRAMME 2023/2024

Friday 9 February 2024

Stoke Lodge Hotel tbc Winter Market Day Lunch

Tuesday 19 March 2024

The Flavel 5.00 p.m. Annual General Meeting

June 2024

Black Pool Sands tbc Summer Party tbc

For further details contact: Lindsay Charlesworth

01803 834592/Lindsay@jpcharlesworth.plus.com www.dandksociety.org.uk

Anyone for badminton....?

Tuesday 7.30pm-9.30pm at Slapton Village Hall

Beginners welcome. Racquets available.

First visit free, then £3 per evening.

All welcome – existing members have a cross section of experience. A very social club.

Contact Gill Harris 07816 971798 for info.





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- · deliver community talks
- · at Head Office

GET IN TOUCH FOR A CHAT & FURTHER INFORMATION

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volunteer@daat.org

www.daat.org

DISCOVER WELLBEING

'Realise that everything connects to everything else' Leonardo DaVinci

With the approaching of winter and Christmas, it is a time to reflect on moments gone by and to care and look after what is precious to all of us - community, friends and family. There is much to be thankful for. We are all blessed to have the beauty of the South Hams, which of course leaves us to enjoy the rewards of 'Nature Restoration' with its repair and healing. Its natural ways of recovery are powerful indeed and we can all help with restoring nature and therefore restoring joy too!

Our interview is with the wonderful Andrea Phillips who has quietly gone about her busy life, helping everyone so generously and always having time for yet one more thing to help the community too.

Can you name two things that are on your bucket list and why did you choose these? Well, I've never really had one, so I had to think hard for this... I love the National Trust and the work it does, so one thing that would be huge fun would be a road trip to see as many of the fabulous houses and gardens (and cream teas) that I could squeeze into a week! I've never particularly wanted to travel worldwide but I have a nephew with a house in Florence, so that is probably the only other thing on my list as it looks so beautiful and very different to anything I've seen.

What are you most thankful for?

My two children definitely; they are so supportive and basically good fun! They both have fantastic other halves and together they've all been such a team, there for me in so many ways. Also to live in such a beautiful area, the views going out any day, especially of the beach, never fails to wow me and make me feel incredibly lucky to be here.

What really frustrates you these day?

Hmm, probably politics, worldwide troubles and global change. Massive topics I know but everything seems to be in a particular mess at the moment, and it is everywhere you look; on the news, in papers, on television, just everywhere and yet we are such a small insignificant part of it, it is so frustrating to feel effective. I've basically ducked out of news, papers and topical programs as it can make you anxious about everything and powerless. I do what I can, supporting charities that I have a connection with, be green and eco aware and just hope and trust the decision makers are effective one day and can work together without constant squabbling.

What is the best piece of advice you have ever been given? More and more it is, live for today!

Stained Glass Window Biscuits - perfect for Christmas!

Ingredients

60z butter, unsalted 4oz caster sugar 8oz plain flour



You will also need 1 small and 1 large star biscuit cutters

Method

- L. Preheat the oven to 160C / 140C fan / Gas 3.
- 2. Beat the butter and sugar in a bowl, add the flour and bring the dough together with your fingers.
- 3. Roll out on a floured work top, until the dough is about a 1/4 inch thick. Use your large cutter to make some stars then use the small cutter in the middle of the biscuits to create a star window, leaving about 1/2 inch of biscuit around the edge, Arrange on baking sheets on trays.
- 4. Separate the sweets into their colours and put these in different plastic bags. Using a rolling pin, smash the sweets into a somewhat fine grain then sprinkle this in the middle of each biscuit.
- 5. Bake for about 12-15 mins until the sweets have melted and the biscuits are golden brown. Leave to stand on the trays for about 5 mins and enjoy!



Touching Peace...

When we sit peacefully, breathing and smiling with awareness, we are being our true selves.

The joy of beginning to meditate is like leaving a city for the countryside and sitting underneath a tree.

We can meditate anywhere, while we are walking, lying down, standing, or doing things.

Meditation can be very informal



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A well-attended service provided the opportunity for the village to remember all those who gave their lives and service for our country, not only in the great War and WW2 but in all the other wars and conflicts since that time.

These men and women made the ultimate sacrifice for our freedom. On a blustery day, we gathered beside the war memorial to honour the dead and in particular those residents of Strete who lost their lives whilst serving their country. Pam Wills read out all their names and Chairman Peter Hales of the Parish Council laid a wreath on behalf of the village. Philip Harris kindly organised the playing of the last post and Lay Preacher Peter Barker conducted the prayers.

As always for this special occasion, the church was beautifully decorated with floral tributes incorporating poppies. The peace candle seemed particularly poignant bearing in mind the current conflict in Israel and Gaza. Commander Nicola Cullen and Trish read the two lessons and Peter Barker picked up both themes in his moving and thoughtful address.

It was lovely to get together after the service to enjoy coffee and cake and to talk to our friends of the Chapel who kindly joined us.

We all went home feeling very grateful for our courageous ancestors, without whom our lives would be very different today.

Nick Shepherd



STRETE SOCIAL CLUB PROGRAMME 2023 - 2024

Mo	etings	are usually held in Strete Village Hall on alternate Tuesdays at 2.30PM All Web	come						
December	BUI	Xmas Lunch Outing							
	12th	Wine and Mince Pies							
January	9th	AGM and Games							
177.1	23rd	Quiz - Nick Shepherd							
February	6th	South Hams Spinners - Christine Cooke and Avril Dowding	South Hams Spinners - Christine Cooke and Avril Dowding						
	20th	Paper Folding - Lucy Higston							
March	5th	Acupuncture - Emily Hutchins							
	19th	Sky By Day - John Tucker							

3rd October 2023 Dorothy Teal, Joint Organiser, welcomed everyone to our early October meeting. It was lovely to greet members out on a sunny autumn afternoon.

Grateful thanks were expressed to our Speakers our Member Joan Kendall and Vicky Pearce, Chair of Dartmouth Flower Club, who had stepped in at the last minute after our arranged Speaker was unable to come.

Joan and Vicky treated us to a wonderful Flower Arranging Demonstration. Joan began with a beautiful traditional arrangement on a pedestal vase featuring lemon roses, white carnations and carefully crafted foliage. Joan shaped long pieces of phormium, with some

torn down the middle to make narrower stems formed into the ringed ones in the picture. The simple effect was stunning. Vicky then showed us how to create more contemporary arrangements at almost no cost. She had decorated jam iars using double



sided tape and coloured garden twine placing glass marbles in the base. Then a selection of foliage and flowers from her garden were trimmed expertly to size and placed in the jar containing water. Her Michaelmas Daisies and so-called weeds from her garden were transformed into pretty displays that looked lovely in the sunlight and would brighten any table. In contrast Joan then created an intricate display with oasis expertly perched on the neck of a wine bottle.

Joan also showed in true Blue Peter style "one she had made earlier" a beautiful table display of a circular wreath of fresh hydrangeas that would possibly dry on the ring, with a candle in the centre. We were all urged to copy her idea and could use any flowers — Christmas was even mentioned!

Vicky finished with a deceptively simple display featuring a large foam board covered in velvet with small glass capsules. White roses were then placed in the capsules and pinned in place to stunning effect.

Joan and Vicky were warmly thanked by Karen Hales for their inspiring displays showing their extensive experience and expertise. It was so carefully planned yet they made it all look very easy to do. They kindly donated all the arrangements to the raffle much to the delight of lucky winners. Derek organised this efficiently as always. Delicious tea and cakes were provided by Carole Wills ably assisted by Colleen Seymour to conclude a most enjoyable afternoon.

Strete Social Club warmly welcomes anyone to our coming meetings. You can be sure of a friendly afternoon being entertained by a range of interesting speakers. Do come and join us for a happy time socialising with others in the village. Karen Hales

Strete Social Club welcomed everyone to our second October meeting. Lots of Members joined us in our cosy Village Hall away from the stormy weather outside.

We were delighted to greet Ian and Dawn Gray to talk about Cruising without Jane Mac-Donald. They had put their presentation together during Covid lockdown when no-one could go anywhere! Ian and Dawn act as Bridge Hosts for Fred Olsen and as a result have travelled extensively around Europe. The deal, so to speak, is that they have to work on days at sea in return for being free to enjoy days ashore. They organise Bridge tuition in



mornings and Bridge
Games in the afternoon.
They work with Fred
Olsen Cruise holidays as
they always put a Bridge
Host on board their
cruises.

The link with Jane Mac-

Donald is that you may have seen on TV that she always sits at the Captain's Table and has the best suite on board – their experience is

not quite the same as they are employed as "supernumeraries". Therefore, they get whichever cabin is left, eat with the crew and are subject to certain rules. They must not discuss politics or religion, or indeed sport if sailing out of Newcastle or Liverpool, and if found inebriated in public areas they would be dismissed!

This role has enabled them to visit places all over Europe. Many trips have been made to Scandinavia given that it is Fred Olsen's speciality. Wonderful slides were shown of Norwegian Fjords, the Flam Railway and various museums around Oslo.

Favourite destinations included Stockholm, St Petersburg, Talinn in Estonia and Copenhagen. They have also been on some Mystery Tours where passengers and indeed Ian and Dawn did not know where they were going.

One out of Newcastle took them to Great Yarmouth and then the less salubrious side of Dunkirk so it was

memorable for all the wrong reasons! But another saw them visit a little known part of Western Poland Swinoujscie a truly beautiful place.

Finally, their experiences in Seville and Iceland illustrated by wonderful slides made us all very envious.

Karen gave a warm vote of thanks for their slide show escape with stories about some very interesting places. We had all enjoyed being entertaining by their travellers' tales. They donated their fee as they always do to the Bishopsteignton Scout Group.

Derek organised a wonderful raffle efficiently as always. Delicious tea and biscuits were provided by Rita Mansfield and Judy Bedggood to conclude a most enjoyable afternoon. Strete Social Club warmly welcomes anyone to our coming meetings. You can be sure of a friendly afternoon being entertained by a range of interesting speakers. Do come and join us for a happy time socialising with others in the village.

Strete Social Club 14th November: There was an excellent attendance at our meeting this afternoon business was brief and Dorothy introduced our speaker Lesley Saffon who brought along coasters which she decorated with acrylic paint.





These she used colours to depict the sea and waves on and described to use how she thins down the paint to achieve a pouring consistency. This is then spread to get the correct effect with a pallet knife. A heat gun used to disperse any air bubbles. They are then left for 2-3 days to dry after which several coats of resin are used to seal. Then a cork backing is fixed to them She had brought along a selection of her work using this technique.

Some on tiles some framed as pictures, She also had Christmas cards and she had made.

Karen thanked her and presented her with a bottle as she didn't take a fee.

Janet and Rita then served us with tea and biscuits.

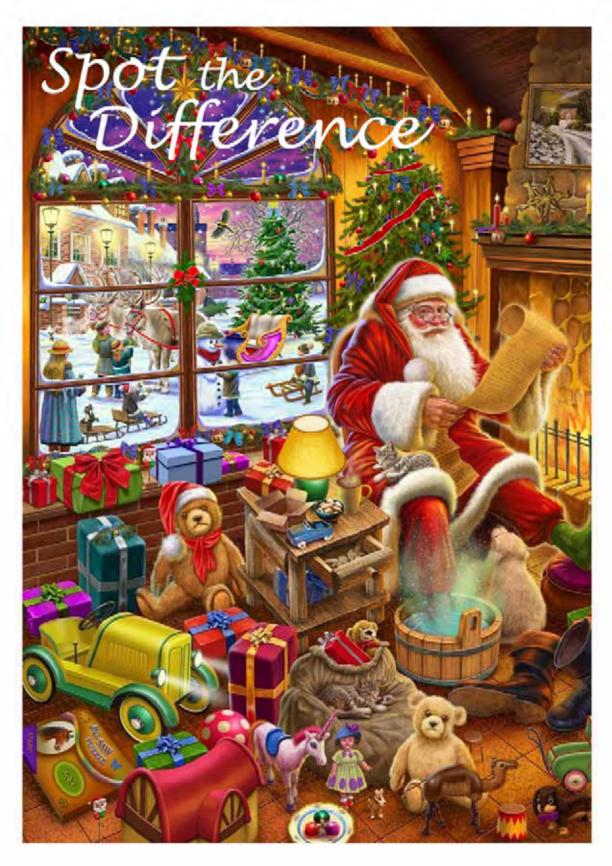




"Strete Social Club warmly welcomes anyone to our coming meetings.

You can be sure of a friendly afternoon being entertained by a range of interesting speakers.

Do come and join us for a happy time socialising with others in the village."







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PROBUS CLUB OF STOKE FLEMING AND DISTRICT

Where friendliness matters above all else

The Probus Club of Stoke Fleming and District has been in existence since 1984. It was initiated at the Stoke Lodge Hotel, Stoke Fleming

which has been its 'home' ever since. We meet fortnightly on the second and fourth Wednesdays of each month. The meetings start at 10.30am with coffee followed by a speaker at 11am and on the first meeting of the month we also have lunch at 12.30pm. The following programme for December - January 2024 is as below:

Lunch/Coffee	Date	Topic Title	Speaker					
Lunch	6th December	The Solar System	Phil Evans					
	2024							
Lunch and AGM	24th January	A train Journey in Miniature	Earl Connolly					



The Probus Club of Stoke Fleming and District

Where triendliness matters above all else-

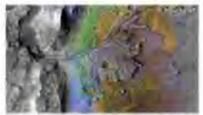
A lunch meeting will be held beginning at 10.30am at the Stoke Lodge Hotel, Stoke Fleming on

Wednesday 6th December 2023

The meeting will commence with coffee, followed by a talk by Phil Evans entitled

The Solar System

Expect some sturning features, such as this amazing picture of Jezero Crater pear the Martian equator



After the talk, drinks will be available at the bar. An optional 3-course lunchwill be served in the restaurant at about 12,30pm

The club is keen to altract new members and a warm welcome will be given to guests. If you would like to come along and be a guest please contact our Secretary Peter Hales on 01903 770739

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The Probus Club of Stoke Fleming and District

Where triendliness matters above all else

A lunch meeting and AGM will be held beginning at 10.30am at the Stoke Lodge Hotel, Stoke Fleming on

Wednesday 24th January 2024

The meeting will commence with coffee, followed by a talk by Earl Connolly entitled

A Train Journey in Miniature

All aboard for an interesting talk about the hobby (or obsession!) that is the World of Model Railways.

The Club AGM will immediately follow the talk at about 12.15, after which the bar will be open. Lunch will follow, commencing at about 1pm



The club is keen to attract new members and a warm welcome will be given to guests. If you would like to come along and be a guest please contact our Secretary Peter Hales on

01803 770739

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Dartmouth Pontoon

Stokenham, Carehouse Cross

Strete, Kings Arms Car Park

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3rd September 2023

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ilburtan School	0708		Annual Contract	0927	A PROPERTY.		-			100		1630	1734	3734	1910	2036
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Royal Parade Att	0720	0825	0947	9947	1047	11-15	1249	1349	1449	1549	1653	1653	1754	1754	1928	2053
SATURDAYS																
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Partmouth Pontoon		0730		0930	9035	1130	1230	1330	1430	1530	1715	1845				
ndsleigh Hotel		0743		0943	1045	1143	1243	1343	1443	1543	1728	1858				
Blackpool Sands		0/47		0947	1047	1147	1247	1347	1447	1547	1732	1902				
Strete, Kings Arms Car Park		0752		0932	1062	1152	1252	1352	1452	1552	1737	1907				
forcross Stores		0802		1002	1102	1202	1302	1402	1502	1602	1747	1917				
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Stretewise Crossword Answers

Across, 1: Graylax 3: Faint, 6: Linkup 8:Armour 10: Tropic 12: Arrive 14: Seclude

15: Evelash 18: Yule Log 21: Orates 23: Approver 24: Everywhere

Down, 1: Gelatine 2: Aspic 4: Three 5: Canape 7: Noodle 9: Moral 11: Inia 13: Video

14: Shy 16: Yarrow 17: Little 19: Epoch 20: Gorge 22: Sale

Subscriptions for Stretewise 2024 are now due. Stretewise Vol 33, 1 to 6, Starting February - March. To order your six issues of Stretewise please complete the slip and give slip and payment to Monica and Andy at the Strete Post Office and Stores.

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All contributions to the magazine are welcome:

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