



stretewise

The Village Magazine



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BERNARD SUNLEY CHARITABLE FOUNDATION

Each year, the Bernard Sunley Charitable Foundation gives more than £4.5 million in grants to capital projects that support communities and provide facilities for those in need. Charities that are seeking funding for a capital project such as new build, major refurbishment or transport, can apply to the Foundation for a contribution towards the costs.

Community – village halls (especially in isolated rural areas), scout huts, youth clubs, community centres and sports facilities. Funding is also available to churches where the project will benefit the wider community.

Education – support for children and young adults from disadvantaged backgrounds or with special needs/disabilities. This can include the purchase of new minibuses for children with special needs and educational facilities at museums, galleries and arts organisations

Health – improvements to care homes, hospices, day centres or other facilities for the elderly and those with special needs; the creation or refurbishment of outdoor or recreational spaces for patients and specialist new transport.

Social welfare – residential and other facilities to support and improve the lives of vulnerable people including veterans, the elderly, those seeking help with addiction, homelessness, ex-offenders and victims of domestic and sexual abuse.

There are three levels of grants: Large – £25,000 and above; Medium – up to £20,000; and Small – £5,000 and under.

Applications are accepted from registered charities, CIOs, specialist schools, scout and guide groups and housing associations. Co-operatives and Community Benefit Societies registered with the FCA can also apply.

Application deadline: Apply at any time

<https://www.devon.gov.uk/fundingnews/fund/bernard-sunley-charitable-foundation/>





Port of Dartmouth Royal Regatta

Wednesday 27th to Saturday 30th August 2025

www.dartmouthregatta.co.uk



180 YEARS OF REGATTA

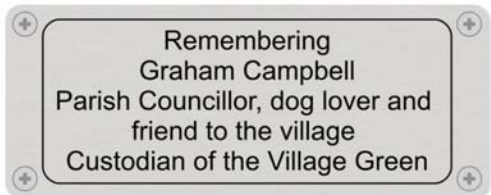
The Port is steeped in history, as is the event: it is one of the oldest in the country and the earliest recorded Regatta was in 1822 with 2025 seeing the 180th Port of Dartmouth Royal Regatta take place.

How it started...The earliest recorded regatta in Dartmouth was in 1822. There were three sailing races and one six-oared gig race. A military band was recorded as playing out at Dartmouth Castle and a ball took place with 120 in attendance.

The Dartmouth Regatta committee work tirelessly to host a Regatta that everyone can enjoy every year. The event is free to attend and we rely entirely on sponsors and generous public donations to keep Regatta going.



Residents may have noticed that a new picnic bench has appeared on the Village Green. This has been provided to the Parish by Natural England, using funds provided by the Department of the Environment, Farming and Rural Affairs (DEFRA). It is a substantial design constructed from weatherproof material which will require little maintenance and should give many years of service to residents and visitors. The Parish Council propose to dedicate the new bench to the memory of Councillor Graham Campbell, who sadly passed away unexpectedly last September. Graham looked after the Village Green for many years, so it is fitting that he be remembered in this way and a commemorative plaque will be attached to the bench. The Chairman of the Parish Council Ralph Clark and Cllr Ian Cumberlidge, trying out the bench for size.



Remembering
Graham Campbell
Parish Councillor, dog lover and
friend to the village
Custodian of the Village Green

Strete Chapel

Happy Easter from the fellowship to all in the village!

We are continuing to meet every Sunday at 11am in the chapel building. It's wonderful that Spring is in the air and that the signs of new life are all around us, whether it is the lambs in the fields or bulbs appearing in the hedgerows and gardens. With Easter approaching it is time for us to pause and think about Jesus' death and resurrection – a moment that changed history forever. If we believe in Jesus Christ and accept Him in to our lives, we can experience the transformative power of his love and become new creations in Him.

The chapel renovations have now been completed and provided a makeover for the interior of the building. Keep your eyes peeled for information about an upcoming coffee morning in May to allow the village to come and see the changes and find out more about the chapel.

Stoke Fleming primary school requested the donation of Bibles to support their Religious Studies curriculum. Strete Chapel, through donations were able to purchase 20 children's Bibles to fulfil this need. Thank you to all that gave so generously.

Therefore, if anyone is in Christ,
the new creation has come:
The old has gone, the new is here!
2 Corinthians 5:17



Date for the Diary

Good Friday - 18th April, 2025

Stoke Fleming Village Hall, Dartmouth Road

11am & 2pm (buffet lunch at 12:40)

Bible Conference

Speaker Steve Lancaster

Please come; we shall value your
fellowship.

Let us exalt His name together.

Psalm 34 v 3





St. Michael's

Welcome to St Michael's Church, Strete; a rural coastal village in the beautiful South Hams.

We hold services each Sunday morning at 11am, (but not on a 5th Sunday) these will be Morning Worship and usually a Holy Communion service on the 3rd Sunday, but this varies. If you would like to find out more, please do contact us, we'd love to hear from you!

Rev Matt Gorton is supported by a wonderful selection of very talented and committed Readers, Lay preachers and visiting Clergy, who look forward to welcoming both regular members of the congregation and visitors who may be staying in the area or seeing family, or just passing through this beautiful area of the South Hams.





The Village Hall is available to hire for events, clubs and activities. Book through Danni Brien on 07841 505797

STRETE VILLAGE HALL EVENTS

1/

80th ANNIVERSARY of VE DAY

THURSDAY, 8th May, 2.00 – 4.00pm

1945 – STYLE TEA PARTY IN THE HALL

FREE, but there will be tickets available from the shop so that we have some idea how many are attending.

DID YOU KNOW?

In 1945 rations for 1 adult/week were:

2oz (50gms) butter

4oz (100gms) ham and bacon

8oz (225gm) sugar

1 egg

2/

STRETE VILLAGE DAY 2025

SATURDAY, 2nd AUGUST

Last year's event was an amazing success and planning has started for this year's BIG DAY.

WE NEED YOU

to come forward with offers of help:

to put up/take down marquees and gazebos;

to transfer equipment from the Hall to Mewstone;

to run a stall; etc; etc.

URGENT!

WE NEED YOUR HELP

771005/p.g.penhale@hotmail.com



Sea Shanties

with Mizzen Link

Strete Village Hall 22nd March



STRETE VILLAGE DAY

Saturday 2nd August 12.00-16.30

Mewstone Paddock Totnes Road Strete TQ6 0RU

Ample Free Parking in the Mewstone Paddock

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As we head into spring it has indeed been the proverbial long, cold, lonely winter at the Kings Arms. We really need your support at this time of year. Please make every effort to visit the pub more often, if you can. If you've not been for some time, the Sunday Lunches are getting great reviews or perhaps you'd prefer one of the event nights, or just to have

a drink and take in the views.

The committee has lost members recently and desperately needs additional bodies. Please see the article alongside from the secretary Lisa Lyne to find out more.

Forthcoming events for April include...

The popular **Bingo Night** returns on Thursday 3rd April, with much fun and banter. Expect an adrenaline fuelled night with loads of prizes to be won.

Pooja's Pantry return to host **Curry Night** at the KA on Friday 4th. Last month was the first with Pooja's living up to their promise of authentic Indian cuisine. There is a veggie and meat option, and each meal will include an Indian starter, three mouth-watering curries, rice, roti and naan, poppadom's, pickles and raita. To launch this there is a special price of £30. This comes after the regular **Friday Night Draw**, your chance to win £50.

Saturday 12th sees the **Spring Craft Fayre**. A chance to pick up something unique, with a range of artisan and homemade gifts from a selection of stall holders as well as cake stall and refreshments. 10-4pm.

Open Mic Night is now so popular with musicians that we have to start earlier to give everyone a chance to play. Next session is Thursday 17th March starting at 7pm. As one spectator said: "Live music in a pub...there's nothing better." If you fancy playing, everyone is welcome. Full menu available.

The Kings Arms is open over the **Easter weekend**, including on the Bank Holiday Monday, when there will be an **Easter Egg Hunt** in our lovely garden, because you can never have enough chocolate (or indeed beer).

On Saturday 26th there is special sea faring evening, a night of **Sea Shanties & Seafood**. The music will be led by Devon Sea Shanty act the Dancing Beggars whilst a sea food menu comes from guest chefs The Greedy Table.

The Artisan **Pizzas Pop-up** will also be available as usual each Wednesday when it is Jon's popular **Weekly Quiz**. The quiz starts at 7.30pm and there seems to be a different winner each week so it really is a quiz for everybody.

Every Friday sees the popular **Friday Night Lucky Number Draw** and a lively crowd in the bar. The rules are simple. You have your number, it belongs to you. The prize is a £50 KA voucher. But you have to be in the pub to win, otherwise it is a Rollover.

Looking ahead to May...

From May 6th **Summer Opening** begins with the guarantee of perfect sunshine in the KA garden. This year sees the 80th anniversary of **VE Day** and with the local area's special connection to Victory in Europe there are various events being planned at the Kings Arms from May 8th. Contact the pub for more details.

The Adventure Series with Monty Halls launched in February and so far, there have been two excellent talks, one from Monty himself and one with ultra-athlete Katy Parrott. The next speaker will be none other than James Bond's stunt double, as in the last Bond, Daniel Craig. This is pencilled in for Thursday May 15th but the issue with all action people is that they are very active, so please check with the pub beforehand. This is a ticketed event at £20 per ticket with a hot and cold buffet included, starting at 7.30pm. Contact the pub to book.

The pub is always a great place for Sunday Roasts, and despite changes in the kitchen these are still getting excellent reviews. Since Stretewise usually drops before the end of the month, one key Sunday to look forward to is Mothers' Day on Sunday 30th March. This is always busy so book ahead to avoid disappointment. Indeed if Stretewise drops on the door mat any earlier Saturday 29th sees the Draw event for the KA Big Fundraising Draw when you can win £1000. Tickets are available until 10pm on the 28th.

To book or ask a question just call on 01803 770027 or pop into the pub.

Follow on Facebook at Facebook.com/kingsarmsatstrete.

Or go to the website

www.kingsarmsatstrete.co.uk.

For other enquiries, please contact info@kingsarmsatstrete.

For SCPL matters please contact Lisa Lyne on lisa.lyne@kingsarmsatstrete.co.uk

Opening Hours:

Wednesday Quiz & Pizzas
5-10pm

Thursday normal menu
resumes 5-10pm

Friday 2-10pm, open right
through for an early doors
drink after work.

Saturday 12-10pm

Sunday 12-6pm with roasts
served 12-4pm

A promotional poster for Kings Arms Curry Night. The background is a dark, textured surface with a bowl of Indian curry and rice on the right. The text is in white and yellow. At the top left is the Kings Arms logo. The main title is 'Kings Arms Curry Night'. Below that, it says 'Hosted by Pooja's Pantry 1st Friday every Month'. A quote reads 'Amazing authentic Indian curries from scratch, using only the best and freshest ingredients'. The next event is 'Next Event Friday 4th April' with the instruction 'Book Early to avoid disappointment'. At the bottom, it says 'Reserve a Table by emailing bookings@kingsarmsatstrete.co.uk or Call the pub on 01803 770027' with a telephone icon.

Kings Arms

Curry Night

Hosted by Pooja's Pantry
1st Friday every Month

Amazing authentic Indian curries from
scratch, using only the best and freshest
ingredients

Next Event Friday 4th April
Book Early to avoid disappointment

Reserve a Table by emailing
bookings@kingsarmsatstrete.co.uk
or Call the pub on 01803 770027





URGENT APPEAL!

Fresh Faces, New Energy

Your Pub Committee Needs You!



Critical Leadership Positions Open - Treasurer AND Chair

Turning Point for our Community Pub

Our pub stands at a crucial crossroads. Both our Treasurer, Iain Stevenson, and Chair, Tim Fowler, are stepping down before Easter. This creates not just an opportunity, but an **urgent necessity** for community members to step forward.

The Treasurer Role

As a community benefit society registered with the Financial Conduct Authority, we're legally bound to maintain strong financial oversight. Our governing rules explicitly mandate that the Management Committee must elect a Treasurer from among its members.

We're incredibly fortunate to have Jane Warren and Helene Kenny recently take on our bookkeeping and management accounts - thank you both! ☺ But the Treasurer role encompasses broader responsibilities including financial oversight, ensuring regulatory compliance and representing financial matters on the Management Committee.

This isn't optional – our pub's governing rules require a designated Treasurer. It's a vital role that helps ensure our community pub continues to thrive for years to come.

The Chair Position

Also crucial is the need for a new Chair to guide the Committee and provide leadership as the pub charts its course toward sustainability. The Chair helps set direction, facilitates meetings, and serves as the public face of our community pub's governance.

Committee in Transition

2024 has seen significant changes to our Management Committee, with stalwarts Ralph Clark, Serin Aubrey, Hugh Macken, and Karen Hales stepping down after years of dedicated service. With both Tim and Iain's imminent departures, our once-robust team will be reduced to just three members:

Lisa Lyne: Secretary (one year)

Sandy Clarke: Operations (one year)

Andy Edwards: Marketeer and founding member (five years)

The message had been that we need to inject new skills, ideas, and dynamism into the Committee, but with just three members remaining, the need becomes physical too - we need extra hands! Three is the minimum permitted by the Rules, but since we are all volunteers giving our time freely, it is asking a lot of us. So...

Spark of New Beginnings

We're thrilled to announce that newcomer Robin Staunton will join the Management Committee in April upon his return from New Zealand. His wealth of experience, know-how, energy and enthusiasm are exactly what is needed – but Robin

shouldn't have to revitalise our Committee alone! The Committee has previously had seven members.

The more people who step forward, the better the performance!

With more members, we can:

- Generate a richer tapestry of ideas and solutions
- Complete projects more efficiently
- Distribute responsibilities more evenly

Bring fresh perspectives to old challenges

Beyond the Work

A community within a community. Yes, Committee work involves commitment, but it also delivers rewards beyond measure. Yes, there can be drama (who doesn't need that in their life!?) but there's also camaraderie, laughter, and the profound satisfaction of helping our community. As a relatively new person in the village myself, I've met so many people through my involvement with the pub - it's been integral to my life here.

Your Pub Needs You - Yes !

This is your chance to shape the future of our pub. Whether you're a village veteran or newcomer like Robin and me, your unique perspective is invaluable. If you care about our pub, and can spare some time to contribute to its success, we need to hear from you!

Please contact Lisa Lyne: Lisa.lyne@kingsarmsatstrete.co.uk



 **KINGS ARMS**

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Spring

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APRIL 3 PM

EASTER

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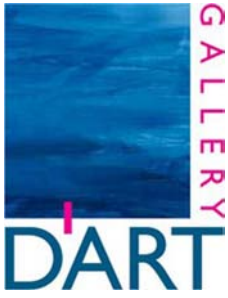
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Marie Mills & Amanda Hoskin Joint Show at Dart Gallery

This Easter Dart Gallery is launching a joint show of new work by two of its most established and sought-after artists. Marie Mills and Amanda Hoskin each produce compelling work which responds to nature.

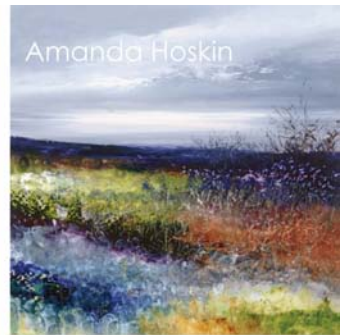
Marie's beautiful floral canvases reflect her passion for her subject. She's an inventive artist who consistently pushes the boundaries of her technique whilst drawing on an in-depth knowledge of plants gained from her mother, a keen botanist and gardener. Her richly textured work captures Devon hedgerows and coastline in all their abundance.

Amanda's accomplished paintings respond to the rugged yet tranquil beauty of the South Hams. Sketching and painting as she travels around Start Bay and across Dartmoor, Amanda's work combines delicate oils on paper with larger-scale canvases. Floral details are a regular feature of her work and she has developed that further in this collection with several colourful still-life paintings. The joint show launches at Dart Gallery on Saturday 19th April. Contact the gallery for further information.

Discover the new work and much more at the gallery and online.

Dart Gallery 4 Lower Street Dartmouth Devon TQ6 9AJ

More details: www.dart-gallery.com 01803 834923



This Easter discover beautiful new paintings by
Marie Mills and Amanda Hoskin
Joint show launches Saturday 19th April



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Come and listen to some wonderful live music on Saturday mornings from 10am -12 noon and enjoy breakfast with us.



Dining at Blackpool Sands

Claire Gillo Photography



SAFFRON

It is estimated that it takes **1,000 flowers to produce one ounce of saffron.**

Each saffron crocus only produces three pistils, which are harvested by hand and dried for about 12 hours. These flowers also only bloom for a brief period that lasts for two weeks around the end of October.



The autumn crocus (also known as meadow saffron or naked ladies, *Colchicum autumnale*) is highly poisonous and people have died after eating it. Only the saffron crocus (*Crocus sativus*) produces saffron.

The name saffron is derived from the Arabic word *Za'faran*. The saffron crocus is not a native of this country, originating in the Middle East, India and China. It belongs to the iris family and flowers in late autumn. The three deep orange stigmas of each flower are removed by hand, dried, and then used as a dye, medication or food flavouring.



The town of Saffron Walden was first called 'Walden' and then 'Chipping Walden' until around 1500 when the saffron crocus was grown extensively in the area and the saffron trade was at its peak. Saffron was mentioned as having been first planted in Walden in the reign of Edward III (1327 – 1377) and it is likely that the demand for yellow dye from the woollen industry led to the growth in its cultivation. The plant likes the light, rich soil found around Saffron Walden, which lies on chalk.



Saffron is available from your local Strete Post Office and Stores





SAFFRON Buns



Serve warm with salted butter or clotted cream.

A saffron bun, Cornish tea treat bun or revel bun, is a rich, spiced yeast-leavened sweet bun that is flavoured with saffron and contains dried fruit including currants and raisins similar to a teacake.

Ingredients

- 300ml/½ pint whole milk
- 0.4g or a large pinch of saffron strands
- 90g/3¼oz clotted cream
- 50g/1¾oz butter, at room temperature
- 550g/1lb 4oz strong white bread flour, sifted
- 1¼ tsp fine sea salt
- 50g/1¾oz golden caster sugar plus 50g/1¾oz for the glaze
- 7g sachet fast-acting dried yeast
- 70g/2½oz raisins
- 30g/1oz chopped mixed peel

Adapted from a Rick Stein recipe

Thanks to Rick Stein's Cornwall

Method

1. Heat the milk in a saucepan to almost boiling point. Remove from the heat and lightly crumble the saffron threads into the milk, then stir. Stir in the clotted cream and butter until melted. Set aside to infuse for 15–20 minutes.
2. Combine all the ingredients, except the raisins and peel, in a bowl and add the warm milk mixture. Knead by hand briefly until you have a smooth dough, then add the dried fruit and knead for a further 6–8 minutes until smooth and elastic.
3. Cover the bowl with cling film or a clean tea towel and leave to rise in a warm place for about 45–60 minutes.
4. When risen, turn the dough out onto a floured board and knock it back (knock the air out of the dough) and knead for a couple of minutes.
5. Divide the dough into 8–10 even pieces and roll each into a ball. Arrange them on a baking sheet, leaving some space between each. Cover with a tea towel or cling film and leave to rise again for about 25–30 minutes.
6. Preheat oven to 200C/180C Fan/Gas 6.
7. Bake the buns for about 20 minutes until risen and golden.
8. While the buns are in the oven, make the glaze. Dissolve the caster sugar in a pan with 3 tablespoons of water. Bring to the boil for about a minute to create a glossy syrup.
9. Remove the buns from the oven and put on a wire rack. Brush the tops with the syrup and leave to cool a little.
10. Serve warm with butter or clotted cream.

ROSEMARY

Rosemary *Salvia rosmarinus*

Rosemary is an aromatic evergreen shrub with leaves similar to needles. It is native to the Mediterranean region, but is reasonably hardy in cool climates. Special cultivars like 'Arp' can withstand winter temperatures down to about -20°C (-4°F). It can withstand droughts, surviving a severe lack of water for lengthy periods. It is considered a potentially invasive species and its seeds are often difficult to start, with a low germination rate and relatively slow growth, but the plant can live as long as 35 years. Forms range from upright to trailing; the upright forms can reach between 1.2–1.8 metres (4–6 ft) tall. The leaves are evergreen, 2–4 cm ($3/4$ – $1+1/2$ in) long and 2–5 mm ($1/16$ – $3/16$ in) broad, green above, and white below, with dense, short, woolly hair.

The plant flowers in spring and summer in temperate climates, but the plants can be in constant bloom in warm climates; flowers are white, pink, purple or deep blue. The branches are dotted with groups of 2 to 3 flowers down its length. Rosemary also has a tendency to flower outside its normal flowering season; it has been known to flower as late as early December, and as early as mid-February (in the Northern Hemisphere)

Legend has it that rosemary bushes originally had white flowers. Before Mary gave birth to Jesus, she is said to have placed her blue cloak on a rosemary bush. The flowers then turned blue and thereafter the plant was called 'Mary's rose'. Rosemary is associated with remembrance. Its earliest use was probably by Greek students. They braided garlands of the aromatic herb into their hair, which is where rosemary's other common name "herb of crowns" comes from. Ancient Greeks dedicated this plant to the goddess Aphrodite, and rosemary crowns were worn by brides as a symbol of love and fidelity.

Rosemary came to England at an unknown date, though it is likely that the Romans brought it when they invaded Britain in 43 CE.

There are no records of rosemary being properly naturalized in Britain until 1338, when cuttings were sent to Queen Philippa by her mother, Countess Joan of Hainault. It was then planted in the garden of the old palace of Westminster.

Rosemary tea can be an excellent way to treat inflammation and relieve pain, swelling and general malaise. It can help with various types of inflammation in the joints, tendons and even the stomach.

Rosmarinus officinalis L.



ROSEMARY

Focaccia Bread

Ingredients:

1/3 cup warm water
2 teaspoons sugar
Packet instant yeast (2 1/4 teaspoons)
3/4 cup flour
2 teaspoons salt
1/2 cup olive oil
1 tablespoon chopped rosemary
1/4 cup roasted garlic chopped
flaked sea salt



Add the warm water, sugar, and yeast to a cup. Stir and allow the yeast to activate for 15 minutes. After 15 minutes the yeast will foam and bubble. Meanwhile, add the flour, salt, 1/4 cup of olive oil, chopped rosemary, and roasted garlic to a mixer bowl. Using a dough hook attachment, mix briefly to allow the ingredients to combine together. Pour the yeast into the flour mixture with the mixer running on low. Increase the speed to medium and let the mixer run for 4-5 minutes. After 5 minutes, if the dough is too sticky, use an additional 1-2 tablespoon of flour then form it into a ball using your hands. Transfer the dough into a large bowl that has been greased. Rub olive oil on the surface of the dough and cover with a cling film. Allow it to rest in a warm place for 1 1/2 hours and double in size. Preheat the oven to 400f or 180c fan. Using half of the remaining olive oil, grease the bottom of a 220 x 320 dish. Remove the cling film wrap, and place the dough into the dish. Push the dough out to fill the pan. Cover the dough with the cling film and let sit for 20 minutes. Brush olive oil onto the dough. Using your fingers push holes in the surface of the dough all the way to the bottom of the pan. Sprinkle with additional rosemary and flaked sea salt. Bake the bread for 20-25 minutes or until golden brown on top and cooked all the way through. Remove from the oven, drizzle or brush with more olive oil and let cool before slicing and serving.

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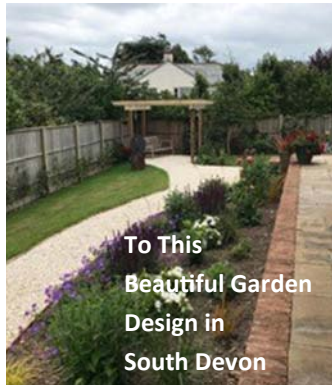
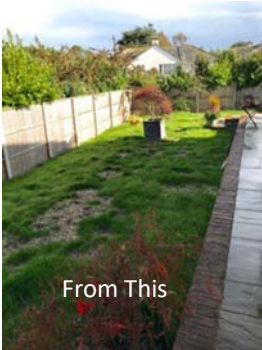
Stoke Fleming Village Hall.

Houses at Deer Combe, houses by the Green Dragon, Frenchman's Creek.

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STRETE PARISH COUNCIL

Once a year in December, the Parish Council (PC) is required to set a budget to determine the precept for the financial year commencing 1st April of the following year. The precept is a proportion of council tax that South Hams District Council provides to Strete Parish annually.

Last year, the Parish Council set a precept of £18,375 for the financial year 2024/25. This decision recognised the need for a budget to support charities used by the community and some deserving causes in the Parish so as to maintain the vibrancy and community spirit of Strete to ensure it could continue to be a pleasant and compassionate place in which to live.

The budget for 2025/26 includes grants for St Michael's Church, The Ladies Social Club, Dartmouth Caring, Citizen's Advice, Blackbird Wood and Stretewise Magazine totalling £2,600. Among many other committed local services, the PC will also continue to fund street sweeping, grass cutting, hedge cutting and road drainage work to fill in the gaps where services have been abandoned by the District and County Council. These services are considered essential to maintain residents' quality of life of and ensure good housekeeping of the village.

For the financial year 2025/26, the PC has prepared a budget which requires a precept of £21,420. This figure includes a general inflationary increase plus an allowance for increases in staff wages, national insurance along with a need to increase spending on road drainage and make provision for the village defibrillator which is due for replacement in 2027. This investment in community resilience, quality of life, and social inclusion will continue to contribute to a more vibrant and sustainable future.

This has been submitted and approved by SHDC. The full budget for 2025/26 will be uploaded to **www.strete.org**

There is some better news for residents who, in 2025/26, will benefit from South Hams District Council's change of Policy to charge double Council Tax for second homes. The extra Council Tax revenue collected from this measure will result in a much higher 'Tax Base' for the Parish, resulting in the following contribution guidelines from residents:- In 2024/25 an average Band D property contributed £60.30 for the year, or just over £5 per month. In 2025/26 the same property will contribute £63.88, an increase of about £0.30 per month. Properties falling into higher Bandings will pay more and those in lower ones will pay less.

Strete Parish Councillors trusts this outcome is seen as a fair and reasonable arrangement and meets with the approval of residents to provide an equitable arrangement for Parish residents.

Ralph Clark, Chairman,
On behalf of Strete Parish Council.

5th March 2025

Peter

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Ground breaking in-car entertainment centre 1963

The Leaning tower of Pisa is almost completely empty on the inside despite taking almost 200 years to build, from 1173 to 1372

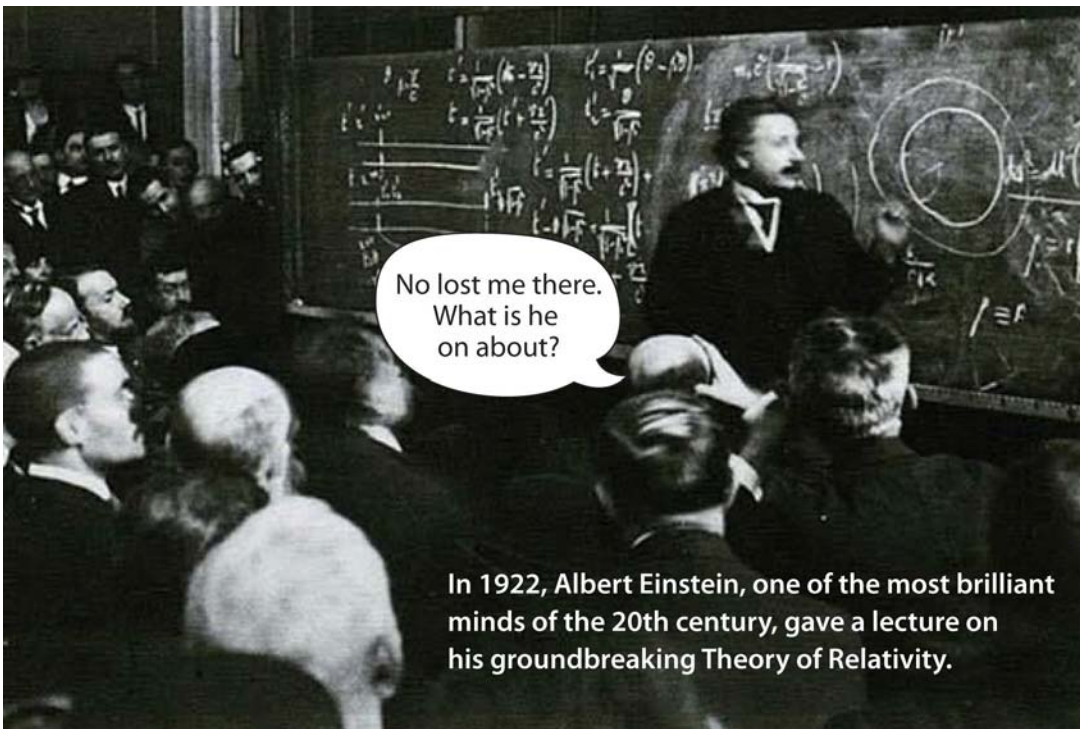
Ancient Romans used a mix of volcanic ash and lime to create concrete that is still stronger than modern concrete and self-heals with seawater.



Proposed \$20,000,000,000,000 tunnel would get you from NYC to London in just 54 minutes

The Transatlantic Tunnel project promises to connect London and New York in under an hour using hyperloop technology. This concept, involving vacuum tube systems, could revolutionise global transport with speeds of 4,800 km/h.

Health and Safety in the 1930's



In 1922, Albert Einstein, one of the most brilliant minds of the 20th century, gave a lecture on his groundbreaking Theory of Relativity.



Growing your own ginger at home is a practical way to enjoy fresh, aromatic ginger bulbs all year-round. Here's a guide to help you get started.

1. Picking the Perfect Ginger Root

Look for a ginger bulb that is firm and plump with noticeable growth buds or "eyes."

Avoid selecting roots that appear shrivelled, mouldy, or overly dry.

Our local Lidl store has a good supply of plump ginger bulbs.

2. Preparing the Ginger for Planting

Begin by soaking the bulb in lukewarm water overnight to rehydrate it.

Slice the rhizome into sections, ensuring each piece has one or two viable eyes.

3. Selecting the Right Container

Choose a shallow, wide container with proper drainage holes to prevent waterlogging.

Fill the container with a well-aerated potting mix enriched with organic material.

4. Planting and Initial Watering

Place the rhizome pieces just beneath the soil surface, ensuring the eyes are facing upward.

After planting, water the soil thoroughly, keeping it moist but not saturated.

5. Creating the Ideal Environment

Ginger thrives in temperatures between 75°F and 85°F (24°C to 29°C) with high humidity levels.

To maintain optimal humidity, use a humidity tray or mist the plant regularly.

6. Watering and Feeding the Plant

Keep the soil evenly moist by watering regularly, avoiding extremes of dryness or sogginess.

During the active growing season, fertilize every 2-4 weeks with a balanced liquid fertilizer to encourage robust growth.

7. Promoting Healthy Growth and Blooms

Ensure the plant gets plenty of indirect sunlight, warmth, and a consistent level of humidity.

Handle the plant gently and avoid unnecessary disturbances to its roots and leaves.

8. Harvesting Your Homegrown Ginger

Your ginger will be ready for harvest after 8-10 months. Simply dig up sections of the rhizome as needed. Store unused portions of harvested ginger in a cool, dry location to preserve its freshness.

the Easter Parade

The Strete Craft group have created an Easter theme post box topper. Another fabulous effort, well done and a big thank you.



Heathers Easter egg yarn challenge
Can you guess the flavours each egg represents?

From Left to Right: 1. Cadbury's Chocolate Eclairs 2. Kinder Egg 3. Mint Imperials 4. Cadbury's Roses 5. Matesers 6. Crunchie Bar

FRIENDS OF STOKE FLEMING PRIMARY SCHOOL



Set sail in the world...



Throughout February the children have been taking part in a readathon. This is to encourage the children's love of books and also raise money for the school library. Thank you to all who have supported this endeavor. The sponsorship is still coming in and we will get back to you with the total once it is known. This coincided with World Book Day (not by accident) which presented the chance for children to dress up as their favourite book character testing the creativity of both the children and the parents. Throughout the day children took part in a range of activities to promote reading.

Cake sales have continued with regularity with each class taking a turn in leading the baking and organising of the event. When the cake stall pops up it definitely adds to that Friday feeling for children as they leave the school.

On the 14th March Blackpool Sands café hosted a PTA event of dinner and bingo. This was a huge success and fun for all those who were involved. A huge thank you to Charlie and Zuzana Deuchar who generously donated a large proportion of the ticket price to the school.



How you can help...

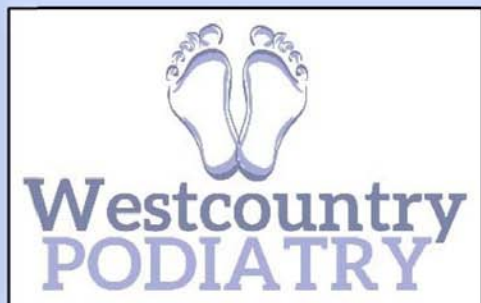
Picnic benches

Spring is upon us and the children of Stoke Fleming School are starting to making the most of the outside space that the school has to offer. The PTA has bought 6 second hand picnic benches that are in need of a bit of TLC. If anyone has the time and inclination then we are looking for volunteers to help paint these benches so that they can be made use of in the field at break and lunch time. Please get in touch on the number below to find out more.

Reading

Volunteers are needed to come in to school and listen to children read. If you or someone you know would like to know more then please contact the school for more information.

If you think you can help in anyway then please get in touch with the school on 01803 770244

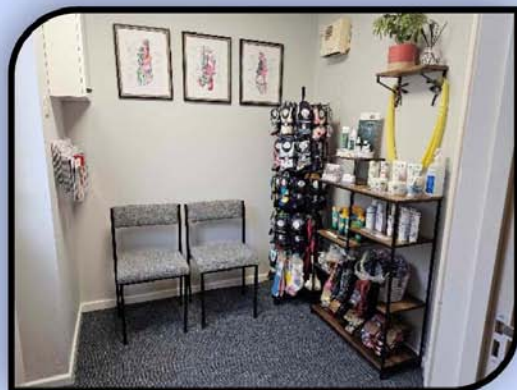
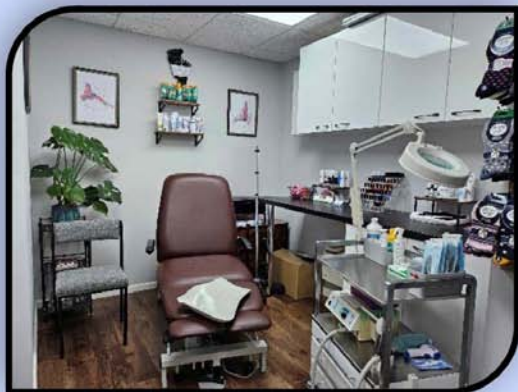


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A Very Big Thank You to the Stretewise delivery team:

Brenda Range, Liane Baldock, Colleen Seymour, Heather Robinson, Joan Kendall, Chris Burne, John Goldring, Carol Wills, David Wall and Trudy Rothwell and not forgetting Monica, Andy, Sally at the Strete Post Office and Stores.



We're looking for volunteers to join the Strete Community Speedwatch Scheme and help increase awareness of road safety in our beautiful village.

We have many youngsters living in Strete as well as a large retired population, all of whom should be safe from vehicles travelling through the village where much of the village does not have pavements.

A poster with a dark background. On the left is the 'Community Speedwatch' logo. In the center is a triangular warning sign with a family silhouette and the text 'SLOW DOWN', and below it a yellow rectangular sign that says 'Community SPEED WATCH'. The text 'VOLUNTEERS NEEDED' is written in large white letters. At the bottom, it says 'PAUL POTGIETER STRETE COMMUNITY SPEEDWATCH CO-ORDINATOR T: 07525 014343'.

Getting involved for just a few hours a month would help to increase awareness of safe speeds to travel through our village and protecting our community.

Please join us.
Make a difference
Help save lives



HELP REDUCE DEATH
AND INJURY ON OUR ROADS

Chillington Health Centre Patient Participation Group

Every GP practice is required to have a patient Participation Group (PPG) to provide communication and dialogue between the practice and its patients, and so address the changing needs of the practice community.

Chillington PPG are volunteers who meet regularly with the practice manager and one of the doctors – usually the senior partner, Francis Carnegie. The group discusses the services available, and how changes can be made for the benefit of patients and the practice.

Any Chillington patient – or their carer – can become a member of the PPG.

Our roles include:

- Acting as a critical friend to the practice
- Advising on the patient perspective
- Providing insight into the responsiveness and quality of services
- Research into patient views
- Communication with patients

There is a Facebook Group (www.facebook.com/groups/755768929916560/) that provides a virtual platform if you are interested but don't feel you could commit to meetings in person at the Health Centre. We're aiming to post regularly about health and wellbeing issues relevant to our community.

You may also have met some members of the PPG marshalling at vaccination clinics. We can always use extra help for this, especially in the car park. And there might be other roles you feel you could contribute: help with IT or social media perhaps.

This is a welcoming, inclusive group for everyone. The only requirement is that members should be committed to open, respectful, and constructive discussion – this is not a forum for complaints about the practice or discussion of personal health issues. Any such issues should be addressed directly with the surgery.

If you'd like to join us, or ask us to raise an issue, or have an idea you'd like to discuss, please use the contact details below to get in touch.

Contact Name: Andie Day 07767 821651

Alternative Contact Names: Sue Gay 07968 969193, Kim Greening 07942 289114

Contact Email: chillingtonhealthcentreprpg@outlook.com

Website Address: <https://www.facebook.com/groups/755768929916560/>

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Residents and visitors can continue to pay by cash at one of our machines if they prefer. The PayByPhone app can be download at:

- the App Store
- on Google Play

For those already using the PayByPhone app may want to re-install it to make sure they are using the latest version.



**Sarah Summons
South Hams Kinesiology
Kiln Lane Stokenham**

mobile **07754 737461**

e-mail **hello@southhamskinesiology.com**

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- Headaches
- Pain
- Difficulty in sleeping
- Anxiety, Depression
- Hot Flashes, Period pain
- Joint pain
- Brain fog
- Digestion problems
- Constipation
- Low immunity
- Blood sugar instability
- Allergies
- Weight gain/loss
- Movement difficulties
- Acne

If you see symptoms that relate to you, then perhaps I can help?

Sarah Summons Kiln Lane Stokenham

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Strete Social Club

STRETE SOCIAL CLUB WINTER PROGRAMME 2024-2025

Meetings are usually held in Strete Village Hall on alternate Tuesdays at 2.30PM
Everyone very welcome to come along!

February	4th	Gara Valley Tales - Christine Cooke
	18th	Singing Together - Lucy Higston and Karen Hales
March	4th	Gardens from Cornwall to Kent - Keith Mason
	18th	To Be Confirmed
April	1st	Floristry for Easter- Linsay Johns

21st January 2025: Karen Our leader dealt with the various business and then introduced our speaker for the afternoon.



John Walters from Buckfastleigh who is a naturalist and has been a consultant entomologist and appeared on many tv programmes. Most recently for the Silverback David Attenborough.

John has written many books on his subject.

He gave us a very informative and enjoyable afternoon with his pictures and videos of various forms of wildlife from animals to birds even the sex life of the leopard slug.

We were all amazed that a lot of what he showed us was close to home.

The large Tuna which come into the waters off start point catching their food. If we go down to the point in August September, we should be able to see these massive Tuna on their migration.

Atlantic salmon breed near Castle Drogo, again illustrating his talk with the most spectacular video of these fish going to their spawning ground leaping through extremely rough water.

His pictures and knowledge of birds was exceptional. He lives near Hembury woods and has taken some footage of the fly catcher going late in the afternoon when they are going to roost and again in the morning when they are just waking up.

He also spoke of frogs, glo worms and of a duck which roosts in the trees and lays its eggs there and when the ducklings hatch their first journey is to jump out of the nest to get to water.

John is a talented artist and has painted many of the birds and animals which he has printed into cards and members were able to purchase these at the end his talk.

Karen thanked him.

I can recommend you to go

to his <http://johnwalters.co.uk> to look up his very interesting wildlife.



John Walters

Strete Social Club

4th February 2025: Due to various reasons, there was not the usual attendance at our meeting today.

As usual Karen was chairing the afternoon and dealt with the usual business.

It was Chris Burnes birthday so we all sang 'Happy Birthday' to her.



It was then time to welcome back Christine Cooke for a third time, this afternoon she was speaking on the Gara Valley. For several years Christine and her partner lived at North Mill, Slapton, a property hidden well away from the highway. She told us the history of a lot of the occupants. The first one she spoke of had many famous friends in the literary world, Christine and her partner ran a holiday cottage letting business and kept sheep.

Many folk who had lived in the Mill have visited them and were thrilled to tell tales of when they lived there. One she spoke of was a local lady whose surname was Treeby and when looking over the house was thrilled to see the bedroom that she had and that it had not changed.

We crossed the stream over to Strete Parish and heard tales of Snails Castle and who had occupied this dwelling and of the famous friends that had visited.

Below the Mill is another dwelling Lower North Mill accessible down a very rough path, or it used to be when one of our members recalled taking her son to a little boy who lived there in the cottage's birthday party.

Christine had many books which we were invited to look at.

It was a most interesting afternoon and she was thanked by Joan and given a bunch of daffodils.

Our welcome cups of tea and biscuits were served today by Dorothy and Sally.



Strete Social Club

18th February 2025: What a fun afternoon we had

at our meeting on Tuesday when Lucy and her Mum Erica came.

They are both members of the Rock Choir in Dartmouth and Lucy led us in singing the type of warm up exercises they start their sessions with.

Using familiar tunes with different phrases we sang to the grand Old Duke of York, William Tell Overture, Can-Can and knees up Mother Brown accompanied by different actions to the words we were singing.

Tea and Cake were served by Colleen and Irene with Derek supervising the raffle.

Unfortunately, there were many members absence due to various reasons.



Strete Social Club

18th March 2025: We met on our usual Tuesday afternoon with Joan in the Chair, as our leader Karen was on holiday.

Apologies received and business dealt with Joan gave a talk on the time she spent at a Christian Youth Camp at Tintagel. It was at this camp that they witnessed from the galley kitchen attached to the big barn helicopter flying through the night because it was the day of the Boscastle disaster. Joan and her friend had been out with the children to an adventure park and after supervising the picnic lunch they went to a supermarket to get a few provisions that were short. On trying to get back to the camp they noticed the sky ahead was very black, getting blacker as they journey on. Two routes back to the camp were unpassable due to flooding from the torrential rain that was falling. They had contact with her friend's son in law who was travelling with the children on the coach and he said that they had made it back and told us the route that the coach had taken. This was the route that they took and eventually got back to the camp where those left behind had to deal with the mayhem at the camp with fields flooded, tents blown about and contents soaked. That night the boys and girls were billeted in the large barn for the boys and the girls were in the craft building and some in the lounge of the farmhouse.

Joan's talk was quite quick so she had brought cards and things to stick on them so those who wanted to set about making a card to help fill the afternoon.

Tea was served and a social time enjoyed. Dorothy thanked Joan for the afternoon.

Stretle Social Club



www.johnwalters.co.uk



21st January: Wildlife with John Walters



4th March: Gardens from Cornwall to Kent

Thank you to Lisa Lyne for the pictures



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The Probust Club of Stoke Fleming and District 2025 meeting dates and programme

Lunch/ Coffee	Date 2025	Topic Title/ <i>Further information</i>	Speaker details
Lunch	9th April	Newcomen to Trevithick <i>A look at Dartmouth's own mechanical genius</i>	Mike Rowley
Coffee	23rd April	The Great Stink <i>The work of Joseph Bazalgette, Public Health Engineer</i>	Martin Farrant
Lunch	14th May	Guinness Brewing <i>A timely look at the black stuff, now much in demand</i>	Jeremy Sackett
Lunch	28th May	Awayday summer outing lunch for members and partners <i>At the Berry Head Hotel, Brixham, details to follow</i>	
Lunch	11th June	Management Buyouts backed by Private Equity <i>Merchant Banking and deals, devivered by our member .</i>	Bob Fairchild
Coffee	25th June	The Amazing Transformation of China <i>Rapid economic and social progress in the last 20 years</i>	Grace Zhu
Lunch	9th July	Cataclysmic Italy <i>Including all about volcanos and earthquakes</i>	Peter Edwards
	Summer break		
Lunch	September 10th	The Piper Alpha Disaster. A report that changed an industry.. <i>Nearly forty years on, a lookback at the lessons learned</i>	Peter Hales
Coffee	September 24th	To be arranged	
Lunch	October 8th	Captain John Bulley <i>A distinguished Dartmouth sea captain and sometime mayor</i>	Jon Turner
Coffee	October 22nd	To be arranged	
Lunch	November 12th	Pre-Christmas buffet lunch for members and their partners <i>At the Stoke Lodge Hotel, Stoke Fleming, details to follow</i>	
Coffee	November 26th	To be arranged	
Lunch	December 10th	To be arranged	
	Date 2026		
Lunch	January 21st	AGM - Speaker to be arranged	
Coffee	November 26th	To be arranged	
Lunch	December 10th	To be arranged	
	Date 2026		
Lunch	January 21st	AGM - Speaker to be arranged	

Gentlemen

Are you sociable? Do you enjoy male company and getting out of the house in the day to meet new friends?

Stoke Fleming and District Probus Club is actively recruiting new members for our regular meetings at the Stoke Lodge Hotel.

We are a mixed group of friendly chaps who meet on the second and fourth Wednesday mornings of each month.

We always have interesting talks from diverse expert speakers on many varied subjects. After the talk, we adjourn to the bar for a drink and a chat, and at one meeting each month we have lunch together at the Hotel.

Does that sound interesting? - Come and give us a try.

Please call Peter Hales on 01803 770739 for more information and to arrange to be welcomed to a trial meeting



The Probus Club of Stoke Fleming and District

Where friendliness matters above all else

A meeting will be held beginning at 10.30am at the Stoke Lodge Hotel, Stoke Fleming on

Wednesday 23rd April 2025

The meeting will commence with coffee, followed by a talk by Martin Farrant entitled

The Great Stink of 1858

Martin will tell us all about the work of Joseph Bazalgette, an eminent Victorian public health engineer and visionary, who transformed London's environment with his work to clean up the river Thames and provide proper sewers



After the talk, drinks will be available at the bar.

The club is keen to attract new members and a warm welcome will be given to guests. If you would like to come along and be a guest please contact our Secretary Peter Hales on

01803 770739

<https://stokeflemingprobus.wixsite.com/stokeflemingprobus>



The Probus Club of Stoke Fleming and District

Where friendliness matters above all else

A Lunch meeting will be held beginning at 10.30am at the Stoke Lodge Hotel, Stoke Fleming on

Wednesday 9th April 2025

The meeting will commence with coffee, followed by a talk by Mike Rowley entitled

Newcomen to Trevithick

The history of the industrial revolution lies on our doorstep. Thomas Newcomen was born in Dartmouth in 1664 and made a huge contribution to industrial progress with his steam engines designed to pump water from mines, until Richard Trevithick came along later with his ideas for steam motive power.



Drinks at the bar and an optional 2-course lunch will follow

The club is keen to attract new members and a warm welcome will be given to guests. If you would like to come along and be a guest please contact our Secretary Peter Hales on

01803 770739

<https://stokeflemingprobus.wixsite.com/stokeflemingprobus>



The Probus Club of Stoke Fleming and District

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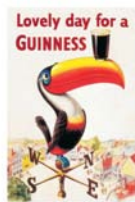
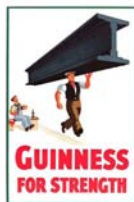
Wednesday 14th May 2025

The meeting will commence with coffee, followed by a talk by Jeremy Sackett entitled

Guinness Brewing

Recent events suggest that Generation Z has suddenly discovered the delights of this unique brew, leading to an unexpected upswing in demand and tales of shortage and dry pubs. Or is it all just clever marketing?

Jeremy tells us how to make the stuff



Drinks at the bar and an optional 2-course lunch will follow

The club is keen to attract new members and a warm welcome will be given to guests. If you would like to come along and be a guest please contact our Secretary Peter Hales on

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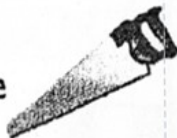
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stretewise

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To order your six issues of Stretewise please complete the details below and hand the slip and payment to Monica and Andy at the Strete Post Office and Stores.

Payment for six magazine issues for 2025 = £4.00 which includes delivery in Strete.

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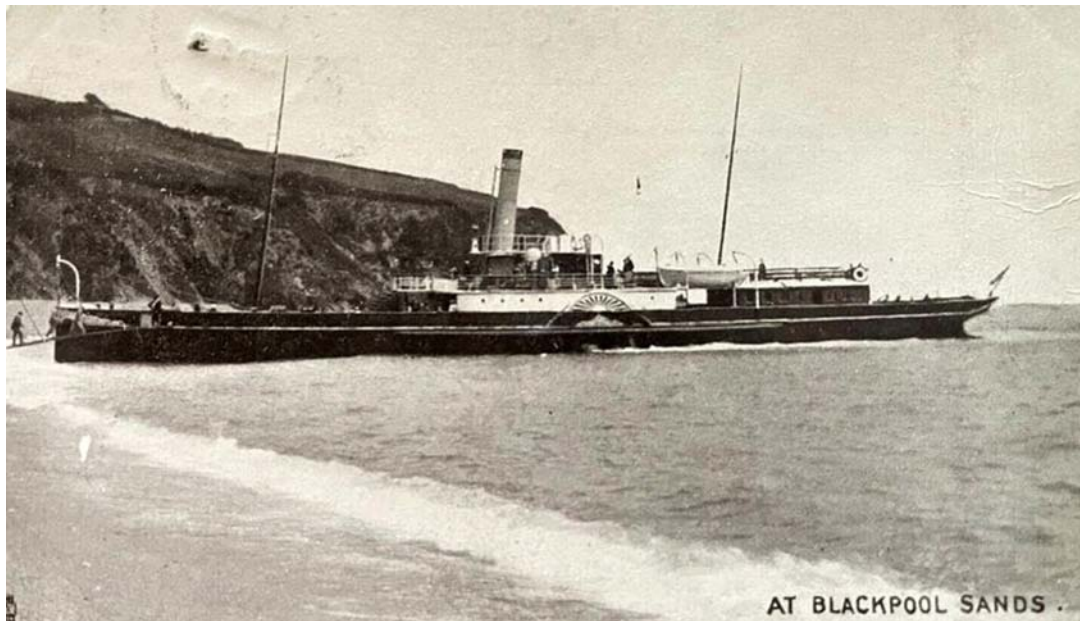
We thank you in advance and hope for your continued support for the village magazine.
email: stretewise@outlook.com www.stretewise.com

93 Bus Route & Timetable: Kingsbridge - Dartmouth: Saturday
93 Bus Route & Timetable: Dartmouth - Kingsbridge: Saturday

Kingsbridge Bus Station (Stand A)	07:45	08:50	10:15	11:15	12:15	13:15	14:15	15:40	16:30	17:30	18:30
West Charleton Primary School (E-bound)	07:53	08:58	10:23	11:23	12:23	13:23	14:23	15:48	16:38	17:38	18:38
Frogmore Bridge (NE-bound)	07:58	09:03	10:28	11:28	12:28	13:28	14:28	15:53	16:43	17:43	18:43
Chillington Post Office (E-bound)	08:02	09:07	10:32	11:32	12:32	13:32	14:32	15:57	16:47	17:47	18:47
Stokenham Carehouse Cross (E-bound)	08:06	09:11	10:36	11:36	12:36	13:36	14:36	16:01	16:51	17:51	18:51
Torcross Stores (N-bound)	08:11	09:16	10:41	11:41	12:41	13:41	14:41	16:06	16:56	17:56	18:56
Strete Kings Arms Car Park (N-bound)	08:21	09:26	10:51	11:51	12:51	13:51	14:51	16:16	17:06	18:06	19:06
Stoke Fleming Blackpool Sands (E-bound)	08:26	09:31	10:56	11:56	12:56	13:56	14:56	16:21	17:11	18:11	19:11
Stoke Fleming Endsleigh Hotel (NW-bound)	08:30	09:35	11:00	12:00	13:00	14:00	15:00	16:25	17:15	18:15	19:15
Dartmouth Pontoon (S-bound)	08:43	09:48	11:13	12:13	13:13	14:13	15:13	16:38	17:28	18:26	19:26
Dartmouth Pontoon (S-bound)	07:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	17:15	18:45	
Stoke Fleming, opp Endsleigh Hotel	07:43	09:43	10:43	11:43	12:43	13:43	14:43	15:43	17:28	18:58	
Stoke Fleming Blackpool Sands (W-bound)	07:47	09:47	10:47	11:47	12:47	13:47	14:47	15:47	17:32	19:02	
Strete, opp Kings Arms Car Park	07:52	09:52	10:52	11:52	12:52	13:52	14:52	15:52	17:37	19:07	
Torcross Stores (S-bound)	08:02	10:02	11:02	12:02	13:02	14:02	15:02	16:02	17:47	19:17	
Stokenham Carehouse Cross (W-bound)	08:07	10:07	11:07	12:07	13:07	14:07	15:07	16:07	17:52	19:22	
Chillington, opp Post Office	08:11	10:11	11:11	12:11	13:11	14:11	15:11	16:11	17:56	19:26	
Frogmore Bridge (SW-bound)	08:15	10:15	11:15	12:15	13:15	14:15	15:15	16:15	18:00	19:30	
West Charleton, opp Village Hall	08:20	10:20	11:20	12:20	13:20	14:20	15:20	16:20	18:05	19:35	
Kingsbridge Bus Station (Stand A)	08:32	10:32	11:32	12:32	13:32	14:32	15:32	16:32	18:18	19:48	

93 Bus Timetable: Sunday

Kingsbridge Bus Station (Stand A)	10:55	13:25	15:55	18:30
West Charleton Primary School	11:02	13:32	16:02	18:37
Frogmore Bridge (NE-bound)	11:07	13:37	16:07	18:42
Chillington Post Office (E-bound)	11:11	13:41	16:11	18:46
Stokenham Carehouse Cross (E-bound)	11:14	13:44	16:14	18:49
Torcross Stores (N-bound)	11:19	13:49	16:19	18:54
Strete Kings Arms Car Park (N-bound)	11:28	13:58	16:28	19:03
Stoke Fleming Blackpool Sands	11:33	14:03	16:33	19:08
Stoke Fleming Endsleigh Hotel	11:38	14:08	16:38	19:13
Dartmouth Pontoon (S-bound)	11:50	14:20	16:50	19:25
Dartmouth Pontoon (S-bound)	09:55	12:25	14:55	17:25
Stoke Fleming, opp Endsleigh Hotel	10:07	12:37	15:07	17:37
Stoke Fleming Blackpool Sands	10:12	12:42	15:12	17:42
Strete, opp Kings Arms Car Park	10:17	12:47	15:17	17:47
Torcross Stores (S-bound)	10:26	12:56	15:26	17:56
Stokenham Carehouse Cross (W-bound)	10:31	13:01	15:31	18:01
Chillington, opp Post Office	10:34	13:04	15:34	18:04
Frogmore Bridge (SW-bound)	10:38	13:08	15:38	18:08
West Charleton, opp Village Hall	10:44	13:14	15:44	18:14
Kingsbridge Bus Station (Stand A)	10:50	13:20	15:50	18:20



AT BLACKPOOL SANDS .



DEVON HELI HIKE

Hike 14 or 26 miles

explore the South West Coast Path

Raise lifesaving funds

Devon Air Ambulance launch their first ever mass participation event in South Devon.

Heli Hike takes place on Saturday 5th July 2025.

Lace up your boots and hike to save lives!

Devon Heli Hike is a South West Coast Path challenge which will take participants on a journey from Jennycliff and around to Noss Mayo, taking in breathtaking views of the beautiful coastline.

Supporters can join this event and take on either a 14- or 26-mile trek along both rugged and paved terrain, river crossings, seascapes and rolling hills while taking in stunning panoramic views of the South Devon Coast.

This challenge brings with it the knowledge and feel-good factor that those who take part are helping to raise awareness and much needed funds for their local Air Ambulance charity.

We hope the people of South Devon and beyond will take on this amazing challenge and support us in this event. Together we can save even more lives!

In 2024 Devon Air Ambulance (DAA) were tasked to over 2450 missions across the county, responding to 10% more serious illnesses, injuries and incidents across Devon and neighbouring counties than in 2023. The demand for this lifesaving service continues to grow and is a local charity that brings a special peace of mind to those that live in the communities it serves.

Directory

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District Councillor	Laurel Lawford	07908 104473
Doctors (Chillington)	Chillington Health Centre	01548 580214
Doctors (Dartmouth)	Dartmouth Health/Wellbeing	01803 832212
Paul Green	Dart Patients Participation Group	07799 772709
Highways	Devon County Council	0845 155 1004
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Totnes Ring and Ride		01803 867878
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Local Emergency Services		
Emergency Fire, Ambulance, Police and Coastguard		999 or 112
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NHS Direct	0845 4647	
Torbay Hospital	01803 614 567	Derriford Hospital 01752 202082
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PS 3418 Ollie Abercrombie
Dartmouth Neighbourhood Team Leader

Dartmouth Police Station

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Email: ollie.abercrombie@devonandcornwall.pnn.police.uk



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All contributions to the magazine are welcome:

Recipes, Crosswords (not cryptic) Articles, Letters. However, the editor reserves the right as to whether to include, edit or adjust the content. Contributions should be sent to stretewise@outlook.com or hard copies of contributions can be left at the to the Post Office or delivered to the Editor:

Stretewise, 27 Start Bay Park, Strete, TQ6 0RY.

Copy deadline for the next issue of Stretewise June-July will be 23rd May 2025.

Stretewise is either £1 per copy purchased from the shop or £4 for a yearly subscription of six issues.

To subscribe for six issues of Stretewise 2025 pay £4 at the Strete Post Office and Stores or send £4 to the editor, Stretewise, Strete TQ6 0RY.

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